

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 07.09.2015 18:20:38

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

OPEN

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	309	TYCZYŃSKI JACEK	M20	CSGT GŁOGÓW	96	M20/1	00:18:58 / 3	00:02:56 / 2	01:01:41 / 10	00:02:38 / 2	00:37:59 / 2	02:04:12	
2	365	BRZESKI TOMASZ	M40	TKN TATRA TEAM ZAKOPANE	72	M40/1	00:24:44 / 44	00:03:57 / 35	01:00:07 / 3	00:02:44 / 9	00:36:40 / 1	02:08:12	00:04:00
3	349	HYDZIK PIOTR	M20	YMCA KRAKOW/ AKTYWNA STRONA ZYCIA	95	M20/2	00:18:42 / 2	00:03:07 / 1	01:01:44 / 12	00:02:30 / 1	00:42:20 / 17	02:08:23	00:04:11
4	52	CZYŻ BARTŁOMIEJ	M20	BIKEBROTHERS OSHEE TEAM	90	M20/3	00:20:42 / 7	00:03:55 / 7	01:01:37 / 9	00:02:43 / 4	00:40:49 / 8	02:09:46	00:05:34
5	32	BRZYSKI MACIEJ	M30	KSOS KRAKÓW	85	M30/1	00:21:02 / 9	00:03:43 / 8	01:01:27 / 7	00:02:58 / 5	00:42:17 / 15	02:11:27	00:07:15
6	188	MAZURKEWICZ MAREK	M40	YMCA KRAKÓW	66	M40/2	00:20:36 / 6	00:04:00 / 6	01:01:35 / 8	00:03:08 / 8	00:42:31 / 18	02:11:50	00:07:38
7	218	OWCZAREK KRZYSZTOF	M20	AZS AGH	92	M20/4	00:20:28 / 5	00:03:43 / 5	01:02:02 / 13	00:03:00 / 6	00:43:04 / 21	02:12:17	00:08:04
8	343	ŻUREK JACEK	M30		85	M30/2	00:19:39 / 4	00:03:54 / 4	01:02:34 / 17	00:02:45 / 3	00:45:30 / 43	02:14:22	00:10:10
9	237	PODSIADŁO ŁUKASZ	M30	VITANESPORTS-INTERMOBI	84	M30/3	00:24:32 / 41	00:03:57 / 31	01:02:50 / 20	00:03:12 / 14	00:40:33 / 5	02:15:04	00:10:52
10	350	KOŻUCHOWSKI GRZEGORZ	M30	TS AKWEDUKT KIELCE	84	M30/4	00:21:59 / 15	00:03:43 / 15	01:03:24 / 26	00:02:54 / 11	00:43:13 / 22	02:15:13	00:11:01
11	131	KOSMOWSKI MICHAŁ	M30	DOTSPORT.PL	80	M30/5	00:25:09 / 52	00:03:48 / 39	00:59:57 / 1	00:03:07 / 12	00:43:19 / 23	02:15:20	00:11:08
12	252	PTAK WOJCIECH	M30	BROWAR DOMOWY REBELIA ZĄBKOWICE ŚLĄSKIE	85	M30/6	00:21:34 / 13	00:04:06 / 14	01:06:52 / 73	00:03:16 / 25	00:40:05 / 3	02:15:53	00:11:41
13	88	GORTAT PIOTR	M30		81	M30/7	00:18:39 / 1	00:04:07 / 3	01:03:30 / 28	00:02:59 / 7	00:46:44 / 67	02:15:59	00:11:47
14	28	BOREK MATEUSZ	M20		86	M20/5	00:24:52 / 45	00:04:11 / 41	01:03:28 / 27	00:03:12 / 24	00:40:45 / 7	02:16:28	00:12:16
15	51	CZUBA ADAM	M40	HAPPY TRI FRIENDS	69	M40/3	00:27:32 / 107	00:03:49 / 74	01:00:14 / 5	00:03:27 / 16	00:42:08 / 13	02:17:10	00:12:57
16	46	CZERWIŃSKA KATARZYNA	K20	TRINERGY TEAM	90	K20/1	00:23:09 / 27	00:04:31 / 22	01:04:57 / 41	00:03:02 / 22	00:42:09 / 14	02:17:48	00:13:36
17	18	BARSZCZ MARCIN	M30	TRI2LIVE	82	M30/8	00:24:40 / 43	00:04:38 / 43	01:03:14 / 24	00:03:10 / 23	00:42:40 / 19	02:18:22	00:14:09
18	392	BŁASZCZYK MARCIN	M30	YMCA KRAKÓW	79	M30/9	00:25:06 / 51	00:03:50 / 37	01:00:00 / 2	00:03:00 / 10	00:46:39 / 65	02:18:35	00:14:23
19	95	GRYGLIK TOMASZ	M30		78	M30/10	00:25:05 / 49	00:03:52 / 38	01:02:27 / 16	00:03:53 / 19	00:44:00 / 30	02:19:17	00:15:05
20	70	DYBEK MATEUSZ	M30	AT TEAM/KINESIS KRAKÓW	80	M30/11	00:21:38 / 14	00:04:00 / 12	01:03:20 / 25	00:03:04 / 13	00:47:59 / 81	02:20:01	00:15:49
21	325	WOJDYŁA BARTŁOMIEJ	M30		85	M30/12	00:25:14 / 54	00:05:06 / 55	01:04:46 / 35	00:03:31 / 40	00:41:39 / 11	02:20:16	00:16:04
22	90	GÓRKA PIOTR	M30		79	M30/13	00:26:24 / 79	00:05:00 / 77	01:00:12 / 4	00:03:38 / 18	00:45:09 / 41	02:20:23	00:16:11
23	323	WŁODARCZYK JULIA	K20		92	K20/2	00:21:23 / 12	00:04:16 / 13	01:06:55 / 78	00:03:01 / 21	00:45:36 / 44	02:21:11	00:16:59
24	29	BORAL PIOTR	M30		81	M30/14	00:26:09 / 75	00:04:50 / 65	01:01:03 / 6	00:03:30 / 20	00:45:51 / 50	02:21:23	00:17:11

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
25	13	BAJOREK MICHAŁ	M40		69	M40/4	1M / 23	00:25:05 / 50	00:05:04 / 50	01:07:12 / 84	00:03:29 / 58	00:41:19 / 10	02:22:09	00:17:57
26	154	KWIECIEŃ KRYSZTIAN	M30	3FLOW TRIATHLON CLUB	79	M30/15	1M / 24	00:24:06 / 35	00:04:10 / 28	01:06:49 / 71	00:03:03 / 37	00:44:13 / 32	02:22:21	00:18:08
27	364	KUCIŃSKI BENJAMIN	M30	BENQ - CO JA BIEGNĘ / NEWBALANCE.PL TEAM	82	M30/16	1M / 25	00:22:25 / 17	00:06:00 / 30	01:10:53 / 145	00:02:47 / 71	00:40:17 / 4	02:22:22	00:18:09
28	269	SMOLAK PIOTR	M50	PORAJ - KROSNO	61	M50/1	1M / 26	00:27:21 / 102	00:04:39 / 85	01:04:42 / 34	00:03:26 / 50	00:42:17 / 16	02:22:25	00:18:13
29	303	TARCZEWSKI TOMASZ	M30		79	M30/17	1M / 27	00:22:38 / 22	00:05:16 / 25	01:07:57 / 97	00:03:25 / 44	00:43:25 / 24	02:22:41	00:18:29
30	243	POPCZYK GRZEGORZ	M30	HAPPY TRI FRIENDS	78	M30/18	1M / 28	00:24:56 / 48	00:04:27 / 45	01:03:14 / 23	00:04:00 / 31	00:46:11 / 58	02:22:48	00:18:36
31	163	LIGĘZA TOMASZ	M20		88	M20/6	1M / 29	00:22:37 / 21	00:05:07 / 23	01:04:54 / 38	00:03:44 / 30	00:47:12 / 72	02:23:34	00:19:21
32	102	HUDZIEC SEBASTIAN	M30	HRMAX ŻORY	77	M30/19	1M / 30	00:25:22 / 58	00:04:29 / 48	01:06:04 / 52	00:03:18 / 43	00:44:25 / 36	02:23:38	00:19:26
33	209	NOSEK MACIEJ	M40	IGLOO BOCHNIA	67	M40/5	1M / 31	00:28:37 / 143	00:04:34 / 112	01:01:41 / 11	00:03:04 / 35	00:45:46 / 48	02:23:42	00:19:30
34	320	WILCZEK JAKUB	M20	MERCAREON	92	M20/7	1M / 32	00:23:19 / 31	00:04:43 / 26	01:04:33 / 33	00:03:23 / 27	00:47:57 / 80	02:23:55	00:19:43
35	6	ZAJĄC TOMASZ	M30	WATERKNIGHTS TRIATHLON	78	M30/20	1M / 33	00:25:39 / 63	00:04:31 / 51	01:04:48 / 36	00:03:31 / 39	00:45:39 / 46	02:24:08	00:19:56
36	33	BULKA ŁUKASZ	M40	IMPRODEX BIEGA	72	M40/6	1M / 34	00:26:06 / 72	00:04:34 / 60	01:06:35 / 64	00:03:04 / 52	00:43:50 / 29	02:24:09	00:19:57
37	114	KAMINSKI GRZEGORZ	M30		79	M30/21	1M / 35	00:22:53 / 24	00:04:13 / 19	01:05:31 / 48	00:03:14 / 26	00:48:21 / 85	02:24:12	00:20:00
38	141	KSIĄŻEK TOMASZ	M30		77	M30/22	1M / 36	00:23:28 / 32	00:04:10 / 21	01:03:46 / 30	00:03:46 / 17	00:49:05 / 102	02:24:15	00:20:02
39	341	ŻESŁAWSKI ROBERT	M40	KS VICTORIA ZAWIERCIE	72	M40/7	1M / 37	00:24:22 / 37	00:04:58 / 44	01:08:10 / 103	00:03:14 / 56	00:43:43 / 25	02:24:27	00:20:15
40	272	SOLTOWSKI SEBASTIAN	M30		84	M30/23	1M / 38	00:25:37 / 62	00:04:38 / 53	01:06:38 / 65	00:03:24 / 51	00:44:15 / 33	02:24:32	00:20:19
41	97	GRZYWACZ RAFAŁ	M40	AKTYWNA STRONA ŻYCIA	75	M40/8	1M / 39	00:28:11 / 129	00:04:13 / 92	01:03:03 / 22	00:03:52 / 46	00:45:27 / 42	02:24:46	00:20:34
42	39	CHOŁDA KRZYSZTOF	M50	MASTERS KORONA KRAKÓW	64	M50/2	1M / 40	00:21:16 / 10	00:03:49 / 10	01:06:13 / 55	00:03:28 / 15	00:50:08 / 122	02:24:54	00:20:42
43	286	SUPERSON WOJTEK	M40	ESKADRA MASTERS	71	M40/9	1M / 41	00:22:49 / 23	00:06:45 / 46	01:03:03 / 21	00:04:54 / 34	00:47:30 / 74	02:25:01	00:20:48
44	118	KASPRZYK RAFAŁ	M30	FITNESSBYGOSIA.BLOGSPOT.COM	76	M30/24	1M / 42	00:25:41 / 64	00:05:34 / 71	01:06:23 / 58	00:03:39 / 63	00:43:48 / 26	02:25:05	00:20:53
45	225	PANEK WOJCIECH	M30		83	M30/25	1M / 43	00:27:33 / 108	00:04:39 / 89	01:05:25 / 46	00:03:18 / 59	00:44:25 / 37	02:25:20	00:21:08
46	384	PAULANIS CYPRIAN	M20	X-BIONIC TEAM POLSKA	89	M20/8	1M / 44	00:28:43 / 147	00:03:32 / 90	01:05:20 / 45	00:03:01 / 54	00:45:09 / 40	02:25:45	00:21:33
47	81	GADAJ GRZEGORZ	M20		86	M20/9	1M / 45	00:24:24 / 38	00:04:34 / 40	01:03:41 / 29	00:03:30 / 28	00:49:44 / 114	02:25:53	00:21:41
48	168	ŁAKOMIEC KAROL	M30		85	M30/26	1M / 46	00:28:31 / 138	00:05:13 / 125	01:04:56 / 40	00:03:19 / 69	00:44:19 / 34	02:26:18	00:22:06
49	164	LIPCZYŃSKI JERZY	M30	PLACETOTRI	84	M30/27	1M / 47	00:29:20 / 174	00:03:56 / 117	01:04:10 / 31	00:03:11 / 55	00:45:58 / 53	02:26:35	00:22:22
50	162	LEWANDOWSKI MARCIN	M40	HAPPY TRI FRIENDS	73	M40/10	1M / 48	00:22:01 / 16	00:03:52 / 16	01:06:48 / 69	00:03:32 / 29	00:50:35 / 130	02:26:48	00:22:36
51	369	GŁUSZEK MARCIN	M30		81	M30/28	1M / 49	00:24:10 / 36	00:04:44 / 36	01:08:30 / 109	00:03:35 / 60	00:46:09 / 56	02:27:08	00:22:56
52	333	WYTRWAŁ ADAM	M40	BIKEBROTHERS OSHEE TEAM	69	M40/11	1M / 50	00:22:33 / 19	00:04:14 / 17	01:08:24 / 106	00:03:16 / 38	00:48:54 / 95	02:27:21	00:23:08
53	194	MIKA TOMASZ	M30	LABOSPORT TEAM	79	M30/29	1M / 51	00:29:04 / 159	00:03:49 / 103	01:06:11 / 54	00:03:11 / 72	00:45:09 / 39	02:27:24	00:23:12
54	195	MILEWSKI TOMASZ	M20		90	M20/10	1M / 52	00:23:12 / 28	00:05:28 / 34	01:06:56 / 76	00:03:25 / 41	00:48:27 / 87	02:27:28	00:23:16
55	83	GARLEWICZ ASIA	K40	BIKE BROTHERS OSHEE TEAM	72	K40/1	1K / 3	00:23:06 / 26	00:04:24 / 20	01:08:26 / 107	00:03:20 / 45	00:48:16 / 83	02:27:32	00:23:20
56	370	KISIELEWSKI PAWEŁ	M40	WERTYKAŁ BIKEBOARD	74	M40/12	1M / 53	00:29:00 / 155	00:03:48 / 101	01:02:04 / 14	00:03:07 / 36	00:49:40 / 112	02:27:39	00:23:27
57	5	KRUPIŃSKI MACIEJ	M30		79	M30/30	1M / 54	00:27:47 / 118	00:04:57 / 97	01:07:01 / 79	00:03:53 / 86	00:44:06 / 31	02:27:44	00:23:32

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
58	282	STRZAŁA GRZEGORZ	M30	OLSHCOACHING	78	M30/31	JM / 55 00:28:05 / 126	00:04:42 / 100	01:04:59 / 42	00:03:50 / 66	00:46:41 / 66	02:28:17	00:24:05
59	231	PIETRUSZKA MACIEJ	M30	KRWAWIE SUTY	82	M30/32	JM / 56 00:26:08 / 74	00:05:14 / 76	01:05:16 / 44	00:03:15 / 48	00:48:29 / 88	02:28:22	00:24:10
60	55	DADEJ GRZEGORZ	M30	KS MASTERS JORDAN KRAKÓW	78	M30/33	JM / 57 00:20:45 / 8	00:04:36 / 11	01:07:58 / 98	00:03:47 / 32	00:51:20 / 140	02:28:26	00:24:14
61	340	ŻELICHOWSKI ARTUR	M40	XTRI.PL	73	M40/13	JM / 58 00:31:05 / 222	00:05:10 / 196	01:08:11 / 104	00:02:58 / 116	00:41:19 / 9	02:28:43	00:24:31
62	387	BEREŚ ARKADIUSZ	M20	GARMIN TRI SQUAD RZESZÓW	87	M20/11	JM / 59 00:30:59 / 218	00:05:12 / 193	01:02:42 / 18	00:03:29 / 73	00:46:29 / 61	02:28:51	00:24:38
63	143	KUBASIAK KRZYSZTOF	M40	KLUB TRIATHLONOWY `WATER KNIGHTS` ZABIERZÓW	73	M40/14	JM / 60 00:31:20 / 230	00:04:46 / 189	01:02:49 / 19	00:03:58 / 79	00:45:58 / 52	02:28:51	00:24:38
64	211	NOWAK GRZEGORZ	M30	MARCINKIEWICZ FIZJOTERAPIA	83	M30/34	JM / 61 00:27:41 / 114	00:04:08 / 83	01:04:52 / 37	00:03:42 / 53	00:48:39 / 90	02:29:02	00:24:50
65	160	LENCZOWSKI KUBA	M40	KLUB TRIATHLONOWY `WATER KNIGHTS` ZABIERZÓW	71	M40/15	JM / 62 00:27:47 / 117	00:05:22 / 111	01:07:14 / 85	00:04:10 / 100	00:44:38 / 38	02:29:11	00:24:59
66	253	PULCHNY TOMASZ	M40	HAPPY TRI FRIENDS	72	M40/16	JM / 63 00:26:01 / 69	00:05:07 / 66	01:07:44 / 90	00:04:25 / 83	00:46:09 / 57	02:29:26	00:25:14
67	2	SUDÓŁ GRZEGORZ	M30	WATERKNIGHTS TRIATHLON	78	M30/35	JM / 64 00:30:58 / 217	00:04:50 / 180	01:09:20 / 119	00:03:44 / 129	00:40:39 / 6	02:29:31	00:25:19
68	248	PRAWDZIC MICHAŁ	M40		74	M40/17	JM / 65 00:29:48 / 190	00:04:21 / 142	01:06:28 / 60	00:03:47 / 99	00:45:47 / 49	02:30:11	00:25:59
69	293	SZADKOWSKI KRZYSZTOF	M40		73	M40/18	JM / 66 00:26:31 / 85	00:04:08 / 59	01:06:55 / 77	00:03:42 / 62	00:48:57 / 98	02:30:13	00:26:00
70	26	BŁASIAK LESZEK	M50		65	M50/3	JM / 67 00:24:39 / 42	00:06:33 / 69	01:09:14 / 117	00:03:49 / 96	00:45:58 / 51	02:30:13	00:26:00
71	44	CIUPIŃSKI PRZEMYSŁAW	M30	TRINERGY TEAM	80	M30/36	JM / 68 00:27:22 / 103	00:05:21 / 96	01:09:43 / 127	00:04:03 / 111	00:43:48 / 27	02:30:17	00:26:05
72	326	WOLSKI MARCIN	M20	WOLSCY BROTHERS TRIATHLON TEAM	89	M20/12	JM / 69 00:26:27 / 82	00:03:45 / 52	01:13:00 / 191	00:03:18 / 113	00:43:49 / 28	02:30:19	00:26:06
73	125	KOCHANOWSKI DARIUSZ	M40	WTT WARSZAWA	74	M40/19	JM / 70 00:25:43 / 65	00:04:55 / 58	01:10:06 / 135	00:03:36 / 98	00:46:28 / 60	02:30:48	00:26:36
74	89	GORCZYCA JAKUB	M40		74	M40/20	JM / 71 00:24:54 / 46	00:03:44 / 33	01:07:23 / 86	00:03:03 / 42	00:51:46 / 150	02:30:50	00:26:38
75	263	SARZYŃSKI WOJCIECH	M30	SARZYNY	79	M30/37	JM / 72 00:25:57 / 67	00:04:57 / 63	01:07:46 / 92	00:03:49 / 74	00:48:26 / 86	02:30:55	00:26:43
76	332	WYSOCKI PIOTR	M30		77	M30/38	JM / 73 00:24:05 / 34	00:05:11 / 42	01:06:42 / 66	00:04:05 / 49	00:50:55 / 136	02:30:58	00:26:46
77	116	KARASIŃSKI ŁUKASZ	M20	PG TEAM	89	M20/13	JM / 74 00:26:19 / 78	00:05:49 / 87	01:06:04 / 53	00:03:21 / 65	00:49:28 / 109	02:31:01	00:26:48
78	145	KUCZYŃSKI KAMIL	M40	BCT TEAM	74	M40/21	JM / 75 00:23:33 / 33	00:04:38 / 27	01:07:10 / 82	00:04:20 / 47	00:51:38 / 146	02:31:19	00:27:07
79	223	PALKĄ JACEK	M30	KLIFORNIA TRI, LIMANOWA FORREST	79	M30/39	JM / 76 00:24:32 / 40	00:05:10 / 47	01:07:28 / 87	00:04:31 / 67	00:49:52 / 116	02:31:33	00:27:21
80	130	KOPACZ GRZEGORZ	M30	TRI NEGU/POLSPORT TEAM	85	M30/40	JM / 77 00:26:14 / 77	00:05:07 / 75	01:10:31 / 140	00:03:09 / 103	00:46:36 / 63	02:31:37	00:27:25
81	99	HOFFMANN WOJCIECH	M40	MASTERS KORONA KRAKÓW	75	M40/22	JM / 78 00:22:29 / 18	00:04:33 / 18	01:07:03 / 80	00:03:17 / 33	00:54:18 / 195	02:31:40	00:27:28
82	285	SUŁKOWSKI MACIEJ	M40		75	M40/23	JM / 79 00:26:00 / 68	00:06:45 / 99	01:07:56 / 95	00:04:31 / 106	00:46:29 / 62	02:31:41	00:27:29
83	279	STAŚKIEWICZ MACIEJ	M20		88	M20/14	JM / 80 00:28:37 / 144	00:04:35 / 113	01:05:30 / 47	00:04:23 / 81	00:48:42 / 92	02:31:47	00:27:35
84	109	JEZIORSKI MARCIN	M40	TRINERGY TEAM	71	M40/24	JM / 81 00:26:56 / 97	00:04:46 / 81	01:07:38 / 89	00:03:24 / 77	00:49:04 / 101	02:31:48	00:27:36
85	390	OSTROWSKI CEZARY	M40	C67	67	M40/25	JM / 82 00:31:51 / 242	00:04:43 / 204	01:02:21 / 15	00:03:45 / 75	00:49:09 / 103	02:31:49	00:27:37
86	239	POKRYSZKA BARTOSZ	M20	KOMBO KURCZAKI	86	M20/15	JM / 83 00:23:17 / 30	00:05:17 / 32	01:08:44 / 112	00:03:47 / 61	00:50:45 / 133	02:31:50	00:27:38
87	35	CEKIERA MARCIN	M30	TELE-MOBILE.PL	78	M30/41	JM / 84 00:26:57 / 98	00:03:58 / 64	01:09:21 / 120	00:03:15 / 85	00:48:42 / 91	02:32:13	00:28:00
88	271	SOLECKI KRZYSZTOF	M40		72	M40/26	JM / 85 00:27:49 / 121	00:04:41 / 94	01:05:44 / 49	00:03:49 / 70	00:50:27 / 125	02:32:30	00:28:18
89	77	KURASIEWICZ PAWEŁ	M40	HAPPY TRI FRIENDS	75	M40/27	JM / 86 00:28:49 / 153	00:05:29 / 148	01:04:26 / 32	00:04:32 / 82	00:49:20 / 107	02:32:36	00:28:24
90	98	HALAGARDA KRZYSZTOF	M20	PDK	88	M20/16	JM / 87 00:29:14 / 165	00:05:45 / 159	01:09:31 / 122	00:03:57 / 126	00:44:20 / 35	02:32:47	00:28:34

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
91	337	ZAZIĄBŁ ŁUKASZ	M30	SMA SUNNY BOYS	81	M30/42	JM / 88 00:26:52 / 94	00:04:59 / 84	01:08:30 / 108	00:03:59 / 97	00:48:31 / 89	02:32:51	00:28:38
92	30	BRONICKI GRZEGORZ	M30		83	M30/43	JM / 89 00:27:53 / 123	00:05:00 / 104	01:07:44 / 91	00:03:31 / 94	00:49:02 / 100	02:33:10	00:28:58
93	71	DYKSZAK FILIP	M30	KLUB TRIATHLONOWY "WATER KNIGHTS" ZABIERZÓW	83	M30/44	JM / 90 00:27:57 / 125	00:06:04 / 137	01:06:31 / 62	00:03:33 / 93	00:49:17 / 105	02:33:22	00:29:10
94	214	ORLIK MATEUSZ	M20	OPP KATOWICE	88	M20/17	JM / 91 00:27:09 / 100	00:06:03 / 114	01:07:55 / 94	00:03:36 / 101	00:48:50 / 93	02:33:33	00:29:21
95	299	ŚMIGA KLAUDIUSZ	M30	CENTRUM URAZOWE MEDYCYNY RATUNKOWEJ I KATASTROF	82	M30/45	JM / 92 00:30:19 / 204	00:03:56 / 146	01:05:46 / 51	00:04:02 / 92	00:49:36 / 111	02:33:39	00:29:27
96	91	GÓRNIŚIEWICZ PIOTR	M40		74	M40/28	JM / 93 00:30:57 / 216	00:04:39 / 173	01:06:44 / 67	00:03:45 / 109	00:47:40 / 76	02:33:45	00:29:32
97	357	STEFAŃSKI MICHAŁ	M30		76	M30/46	JM / 94 00:26:33 / 86	00:04:44 / 73	01:08:54 / 113	00:03:34 / 88	00:50:21 / 124	02:34:06	00:29:53
98	104	KUBICA KACPER	M20		95	M20/18	JM / 95 00:24:54 / 47	00:05:27 / 56	01:09:51 / 130	00:03:29 / 87	00:50:28 / 126	02:34:09	00:29:57
99	144	JAROSZ MATEUSZ	M20	LTT	86	M20/19	JM / 96 00:28:25 / 133	00:05:24 / 131	01:10:50 / 144	00:03:25 / 123	00:46:06 / 55	02:34:10	00:29:58
100	391	KWIATKOWSKA KAJA	K20	YMCA KRAKÓW	96	K20/3	JK / 4 00:21:20 / 11	00:03:34 / 9	01:13:34 / 202	00:02:58 / 64	00:53:05 / 173	02:34:31	00:30:18
101	57	DAWIEC ALFRED	M40	KLUB TRIATHLONOWY "WATER KNIGHTS" ZABIERZÓW	75	M40/29	JM / 97 00:25:32 / 60	00:04:36 / 49	01:09:47 / 128	00:04:02 / 90	00:50:54 / 137	02:34:51	00:30:39
102	220	OŻÓG TOMASZ	M30	LTT	80	M30/47	JM / 98 00:29:46 / 188	00:04:18 / 140	01:11:09 / 150	00:02:42 / 121	00:47:03 / 69	02:34:58	00:30:46
103	342	ŻMUDZIEJEWSKI JAKUB	M20		89	M20/20	JM / 99 00:26:42 / 90	00:05:59 / 95	01:06:27 / 59	00:03:53 / 80	00:52:05 / 157	02:35:06	00:30:54
104	258	RÓŻAŃSKI KAMIL	M30	TRICISCO	85	M30/48	JM / 100 00:25:35 / 61	00:04:58 / 57	01:06:22 / 57	00:03:51 / 57	00:54:22 / 198	02:35:08	00:30:55
105	67	DRUŻKOWSKI ROBERT	M50	AZS AWF KRAKÓW MASTERS	64	M50/4	JM / 101 00:29:39 / 184	00:06:35 / 195	01:09:02 / 114	00:03:47 / 132	00:46:06 / 54	02:35:09	00:30:57
106	301	TADEUSZ MATEUSZ	M30		85	M30/49	JM / 102 00:26:14 / 76	00:05:03 / 72	01:07:35 / 88	00:03:53 / 78	00:53:05 / 174	02:35:50	00:31:38
107	156	LASYK MACIEJ	M30	MAKARONZSEREM.EU	82	M30/50	JM / 103 00:28:29 / 137	00:06:51 / 166	01:05:10 / 43	00:03:30 / 91	00:51:52 / 152	02:35:52	00:31:40
108	17	BARZYK KAROL	M30		76	M30/51	JM / 104 00:30:01 / 195	00:06:48 / 210	01:08:09 / 102	00:03:57 / 130	00:47:04 / 71	02:35:59	00:31:47
109	197	MIŚKOWIEC JANUSZ	M40	KLIFORNIA TRI	72	M40/30	JM / 105 00:29:12 / 162	00:06:32 / 177	01:04:55 / 39	00:05:18 / 107	00:50:06 / 121	02:36:03	00:31:50
110	355	SKOTAK RAFAŁ	M30	AKP KRAB AGH	77	M30/52	JM / 106 00:23:17 / 29	00:07:33 / 62	01:14:53 / 223	00:03:36 / 135	00:46:49 / 68	02:36:08	00:31:56
111	172	ŁUKOWSKI DARIUSZ	M50	GMINA STRZELCE OPOLSKIE	64	M50/5	JM / 107 00:29:01 / 157	00:05:31 / 150	01:10:43 / 142	00:03:28 / 128	00:47:26 / 73	02:36:09	00:31:57
112	123	KNAPIK TOMASZ	M40		71	M40/31	JM / 108 00:28:10 / 128	00:05:36 / 128	01:06:47 / 68	00:03:39 / 95	00:51:58 / 154	02:36:10	00:31:58
113	19	BARCIK MATEUSZ	M20	DENTESTETICA	86	M20/21	JM / 109 00:26:56 / 95	00:04:43 / 80	01:09:57 / 132	00:03:31 / 104	00:51:31 / 144	02:36:38	00:32:26
114	87	GOMULEC TOMASZ	M40		71	M40/32	JM / 110 00:26:26 / 81	00:06:49 / 116	01:10:55 / 146	00:05:29 / 141	00:47:04 / 70	02:36:43	00:32:31
115	182	MASZEWSKI DARIUSZ	M30		78	M30/53	JM / 111 01:42:02 / 323					02:36:44	00:32:32
116	76	FIDELUS LESZEK	M40	SCHC TEAM CHRZANÓW	72	M40/33	JM / 112 00:28:48 / 151	00:05:48 / 151	01:12:31 / 182	00:04:01 / 160	00:45:38 / 45	02:36:46	00:32:34
117	68	DRWOTA MICHAŁ	M40	FATH	74	M40/34	JM / 113 00:25:56 / 66	00:05:32 / 78	01:09:10 / 115	00:04:22 / 102	00:51:54 / 153	02:36:54	00:32:41
118	377	KULA ANDRZEJ	M30	IVIA	76	M30/54	JM / 114 00:28:17 / 131	00:05:30 / 129	01:11:31 / 161	00:05:07 / 154	00:46:38 / 64	02:37:03	00:32:51
119	14	BAKOTA ZBIGNIEW	M40		71	M40/35	JM / 115 00:22:55 / 25	00:05:27 / 29	01:10:19 / 136	00:04:00 / 76	00:54:23 / 200	02:37:04	00:32:51
120	262	SAMBAK TADEUSZ	M40	ZADYSZKA OŚWIĘCIM	69	M40/36	JM / 116 00:29:20 / 172	00:06:08 / 171	01:15:52 / 242	00:03:41 / 197	00:42:03 / 12	02:37:04	00:32:52
121	368	FURMAŃSKI ARTUR	M20	SOKÓŁ TARNÓW	87	M20/22	JM / 117 00:29:01 / 156	00:04:56 / 136	01:11:30 / 163	00:04:01 / 137	00:47:41 / 77	02:37:09	00:32:57
122	315	WAŁASZEK JAN	M50	BIKEBROTHERS OSHEE TEAM	61	M50/6	JM / 118 00:31:09 / 224	00:04:41 / 182	01:09:29 / 121	00:03:19 / 127	00:48:54 / 96	02:37:32	00:33:20

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
123	255	RAJTAR KRZYSZTOF	M30		76	M30/55	M / 119 00:27:40 / 112	00:05:12 / 102	01:10:43 / 141	00:04:25 / 122	00:49:42 / 113	02:37:42	00:33:30
124	338	ZIÓŁKO MACIEJ	M30	KLUB TRIATHLONOWY 'WATER KNIGHTS'	76	M30/56	M / 120 00:26:06 / 71	00:04:39 / 61	01:07:12 / 83	00:03:51 / 68	00:55:58 / 217	02:37:46	00:33:34
ZABIERZÓW													
125	232	PIJANOWSKI LESZEK	M50		59	M50/7	M / 121 00:29:22 / 175	00:05:31 / 155	01:05:45 / 50	00:04:30 / 105	00:52:47 / 167	02:37:55	00:33:42
126	105	JASIŃSKI MARCIN	M40	PWSZ NOWY SĄCZ	75	M40/37	M / 122 00:25:14 / 56	00:06:31 / 82	01:19:29 / 281	00:03:53 / 199	00:43:02 / 20	02:38:09	00:33:57
127	204	MULLER WOJCIECH	M40		75	M40/38	M / 123 00:25:31 / 59	00:04:47 / 54	01:09:43 / 125	00:03:53 / 89	00:54:22 / 199	02:38:16	00:34:04
128	124	KOBIELA MACIEJ	M20	KROSS STAFF TEAM	88	M20/23	M / 124 00:31:49 / 241	00:04:58 / 208	01:08:03 / 100	00:04:06 / 131	00:49:52 / 117	02:38:48	00:34:36
129	366	BUGAJSKI ARKADIUSZ	M30		76	M30/57	M / 125 00:28:18 / 132	00:04:46 / 107	01:12:44 / 184	00:03:28 / 134	00:50:29 / 127	02:39:45	00:35:33
130	15	BALDYS DARIUSZ	M30		77	M30/58	M / 126 00:26:28 / 83	00:05:43 / 88	01:11:08 / 151	00:04:54 / 125	00:51:46 / 148	02:39:59	00:35:46
131	353	PAGACZ FILIP	M20	BIKEBROTHERS OSHEE TEAM	89	M20/24	M / 127 00:30:28 / 207	00:06:01 / 200	01:06:31 / 63	00:04:16 / 115	00:52:50 / 168	02:40:06	00:35:54
132	189	MIARKA MACIEJ	M30	UBUNGU	82	M30/59	M / 128 00:34:01 / 274	00:04:21 / 242	01:08:14 / 105	00:03:37 / 150	00:49:55 / 118	02:40:08	00:35:56
133	260	SALIK STANISŁAW	M30		76	M30/60	M / 129 00:28:46 / 149	00:06:09 / 157	01:10:22 / 138	00:04:35 / 146	00:50:18 / 123	02:40:10	00:35:58
134	75	FAFERKO WOJCIECH	M30		79	M30/61	M / 130 00:30:30 / 208	00:06:42 / 219	01:07:54 / 93	00:04:42 / 144	00:50:31 / 129	02:40:19	00:36:07
135	233	PISAREK PIOTR	M40		69	M40/39	M / 131 00:33:28 / 270	00:05:58 / 260	01:06:18 / 56	00:03:53 / 139	00:50:52 / 135	02:40:29	00:36:16
136	185	MATRAS DANIEL	M20	MILEK TRIATHLON TEAM	88	M20/25	M / 132 00:31:02 / 221	00:04:43 / 178	01:09:58 / 133	00:03:55 / 140	00:51:15 / 138	02:40:53	00:36:41
137	96	GRYCZ MIROŚŁAW	M40	NIEZRZESZONY	70	M40/40	M / 133 00:29:16 / 168	00:06:31 / 179	01:15:31 / 234	00:03:24 / 189	00:46:15 / 59	02:40:57	00:36:45
138	287	SURMACZ TOMASZ	M20	DOBCZYCKI KLUB BIEGACZA	89	M20/26	M / 134 00:30:02 / 196	00:05:56 / 184	01:08:01 / 99	00:04:07 / 124	00:52:57 / 170	02:41:03	00:36:51
139	388	SUSZEK DAMIAN	M20	GARMIN TRI SQUAD RZESZÓW	87	M20/27	M / 135 00:30:41 / 210	00:05:50 / 202	01:06:29 / 61	00:03:36 / 114	00:54:35 / 205	02:41:11	00:36:58
140	300	ŚWIECH KAMIL	M30	YMCA KRAKÓW	77	M30/62	M / 136 00:27:05 / 99	00:05:17 / 91	01:06:50 / 72	00:04:11 / 84	00:58:13 / 243	02:41:36	00:37:24
141	280	STEFANOWICZ ADAM	M30	AKTYWNA STRONA ŻYCIA	78	M30/63	M / 137 00:27:47 / 119	00:05:48 / 120	01:13:57 / 210	00:04:16 / 168	00:49:57 / 119	02:41:45	00:37:32
142	246	POTOCZNY PIOTR	M30		82	M30/64	M / 138 00:34:18 / 282	00:05:36 / 264	01:08:34 / 110	00:03:29 / 171	00:50:04 / 120	02:42:01	00:37:49
143	389	JAROŃ JAN	M30		85	M30/65	M / 139 00:31:36 / 238	00:05:32 / 217	01:12:09 / 172	00:03:34 / 175	00:49:14 / 104	02:42:05	00:37:52
144	200	MOSKAL SZYMON	M30	MILEK TRIATHLON TEAM	78	M30/66	M / 140 00:31:32 / 235	00:05:38 / 218	01:12:48 / 186	00:03:35 / 178	00:48:53 / 94	02:42:26	00:38:14
145	278	STALICA WOJCIECH	M40	IZOERG	69	M40/41	M / 141 00:26:56 / 96	00:06:04 / 106	01:13:11 / 195	00:04:11 / 152	00:52:14 / 159	02:42:36	00:38:24
146	266	SIWEK JACEK	M30	AJRONMEN.PL	79	M30/67	M / 142 00:28:07 / 127	00:05:46 / 133	01:11:03 / 148	00:04:23 / 136	00:53:43 / 184	02:43:02	00:38:50
147	274	SOŁOWIANOW WIACZESŁAW	M20		88	M20/28	M / 143 00:29:30 / 179	00:05:42 / 162	01:10:26 / 139	00:04:15 / 147	00:53:13 / 178	02:43:06	00:38:53
148	184	MAŚLUSZCZAK MICHAŁ	M30	AMELINIUM RACING	82	M30/68	M / 144 00:31:35 / 237	00:07:16 / 250	01:06:54 / 74	00:05:03 / 158	00:52:18 / 160	02:43:06	00:38:53
149	121	KLAJA ADRIAN	M30		83	M30/69	M / 145 00:30:51 / 214	00:06:56 / 228	01:13:15 / 197	00:03:50 / 192	00:48:18 / 84	02:43:10	00:38:57
150	216	OSTROWSKI BARTŁOMIEJ	M30	KRAKOW FREAKS	84	M30/70	M / 146 00:29:30 / 180	00:07:31 / 213	01:12:09 / 173	00:04:44 / 181	00:49:18 / 106	02:43:12	00:39:00
151	327	WOLNY KRZYSZTOF	M30	CTVA	81	M30/71	M / 147 00:30:12 / 200	00:05:12 / 168	01:11:37 / 166	00:04:49 / 169	00:51:26 / 143	02:43:16	00:39:04
152	111	KACYMIROW TOMASZ	M50		61	M50/8	M / 148 00:28:35 / 140	00:05:16 / 132	01:11:58 / 171	00:04:52 / 156	00:52:37 / 164	02:43:18	00:39:06
153	191	MICHAŁSKI TOMASZ	M40		74	M40/42	M / 149 00:27:31 / 106	00:06:12 / 124	01:13:28 / 199	00:04:30 / 165	00:51:47 / 151	02:43:28	00:39:16
154	135	KRAJEWSKA-PÓŁTORAK MAŁGORZATA	K40	72D WINDSPORT TEAM	67	K40/2	K / 5 00:25:14 / 55	00:05:57 / 68	01:14:42 / 218	00:04:31 / 153	00:53:06 / 175	02:43:30	00:39:17
155	119	KEMPA MACIEJ	M40		73	M40/43	M / 150 00:27:51 / 122	00:06:25 / 147	01:17:11 / 259	00:04:17 / 210	00:47:47 / 78	02:43:31	00:39:19

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
156	122	KLIMALA ZBIGNIEW	M40		72	M40/44	JM / 151 00:29:44 / 187	00:06:23 / 190	01:09:49 / 129	00:04:42 / 155	00:53:04 / 172	02:43:42	00:39:29
157	179	MARKIEWICZ DAMIAN	M30	MARKIEWICZ TEAM	78	M30/72	JM / 152 00:32:41 / 263	00:07:50 / 269	01:09:35 / 123	00:05:35 / 209	00:48:03 / 82	02:43:44	00:39:32
158	265	SIWOWSKI MICHAŁ	M20		88	M20/29	JM / 153 00:28:36 / 142	00:05:10 / 126	01:13:48 / 206	00:04:12 / 167	00:51:59 / 155	02:43:45	00:39:33
159	106	JAWORSKI PAWEŁ	M30		83	M30/73	JM / 154 00:29:03 / 158	00:06:51 / 183	01:14:30 / 216	00:04:44 / 200	00:48:55 / 97	02:44:03	00:39:51
160	48	CZECHOWSKA-MADEJ KATARZYNA	K30	MILEK TRIATHLON TEAM	81	K30/1	JK / 6 00:27:41 / 113	00:05:14 / 105	01:15:16 / 229	00:04:15 / 173	00:51:37 / 145	02:44:03	00:39:51
161	318	WĄSIK MARCIN	M30	WĄSIK TRI TEAM	76	M30/74	JM / 155 00:29:16 / 166	00:05:43 / 158	01:12:19 / 175	00:04:20 / 164	00:52:40 / 165	02:44:18	00:40:06
162	275	SONTOWSKI RAFAŁ	M30		78	M30/75	JM / 156 00:31:19 / 229	00:05:39 / 212	01:08:06 / 101	00:04:26 / 138	00:55:07 / 209	02:44:37	00:40:25
163	381	MAZURKIEWICZ TOMASZ	M40	ZAPOROWY MARATON	72	M40/45	JM / 157 00:34:11 / 276	00:05:07 / 258	01:09:43 / 126	00:05:12 / 186	00:50:30 / 128	02:44:43	00:40:31
164	361	WÓJCIK BARTOSZ	M30		78	M30/76	JM / 158 00:32:25 / 255	00:07:18 / 261	01:13:54 / 208	00:03:33 / 218	00:47:34 / 75	02:44:44	00:40:32
165	56	DANHOFER KRZYSZTOF	M30		81	M30/77	JM / 159 00:30:48 / 213	00:06:30 / 221	01:17:15 / 261	00:04:36 / 238	00:45:42 / 47	02:44:51	00:40:39
166	208	NIŻANKOWSKI TOMASZ	M40	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	74	M40/46	JM / 160 00:29:13 / 164	00:05:52 / 161	01:10:19 / 137	00:04:20 / 143	00:55:10 / 210	02:44:54	00:40:42
167	148	KULA DAMIAN	M30	AT TEAM	77	M30/78	JM / 161 00:27:35 / 110	00:06:21 / 135	01:15:33 / 236	00:03:46 / 177	00:51:46 / 149	02:45:01	00:40:49
168	93	GRABIEC DARIUSZ	M30		76	M30/79	JM / 162 00:28:49 / 152	00:06:37 / 169	01:11:09 / 152	00:04:47 / 161	00:53:43 / 183	02:45:05	00:40:52
169	183	MASLUSZCZAK MATEUSZ	M30	TRI-STREFA.PL	85	M30/80	JM / 163 00:31:30 / 234	00:07:20 / 249	01:06:55 / 75	00:05:03 / 157	00:54:20 / 197	02:45:08	00:40:56
170	329	WRONICZ PAWEŁ	M30		80	M30/81	JM / 164 00:31:02 / 220	00:07:03 / 234	01:11:47 / 168	00:05:32 / 205	00:49:48 / 115	02:45:12	00:41:00
171	378	SUDER SŁAWOMIR	M30	KT WATERS KNIGHTS	83	M30/82	JM / 165 00:29:44 / 186	00:05:39 / 167	01:07:06 / 81	00:03:59 / 110	00:58:52 / 252	02:45:20	00:41:07
172	376	KOŚCIANEK MICHAŁ	M40	WATERKNIGHTS TRIATHLON	75	M40/47	JM / 166 00:27:44 / 115	00:06:47 / 149	01:13:08 / 194	00:04:11 / 170	00:53:47 / 185	02:45:37	00:41:25
173	359	TOMULA PIOTR	M20		89	M20/30	JM / 167 00:24:29 / 39	00:06:45 / 70	01:10:44 / 143	00:04:00 / 108	00:59:49 / 261	02:45:47	00:41:35
174	192	MIELKE RAPHAEL	M40		66	M40/48	JM / 168 00:27:25 / 104	00:05:20 / 98	01:10:05 / 134	00:04:38 / 118	00:58:31 / 247	02:45:59	00:41:47
175	210	NOWAKOWSKI JAROSŁAW	M40	DLA GOSI	73	M40/49	JM / 169 00:27:48 / 120	00:06:14 / 138	01:10:57 / 147	00:04:05 / 133	00:57:12 / 232	02:46:16	00:42:04
176	21	BEIL DAWID	M30	MEDUSAGROUP	77	M30/83	JM / 170 00:26:08 / 73	00:05:56 / 86	01:11:04 / 149	00:04:45 / 120	00:58:39 / 250	02:46:32	00:42:20
177	371	OGINSKI PIOTR	M30	BEZ KLUBU	77	M30/84	JM / 171 00:25:11 / 53	00:06:27 / 79	01:11:29 / 160	00:04:34 / 119	00:59:02 / 253	02:46:43	00:42:31
178	316	WARWAS KRZYSZTOF	M30	HAPPY TRI FRIENDS	81	M30/85	JM / 172 00:32:35 / 261	00:05:15 / 229	01:07:57 / 96	00:04:03 / 145	00:57:08 / 230	02:46:58	00:42:45
179	165	LIPIEN JAKUB	M30	ZIELONKI	78	M30/86	JM / 173 00:29:24 / 177	00:06:11 / 172	01:11:33 / 164	00:04:23 / 163	00:56:00 / 218	02:47:31	00:43:19
180	386	KALITA DARIUSZ	M30	GARMIN TRI SQUAD RZESZÓW	83	M30/87	JM / 174 00:27:54 / 124	00:05:42 / 121	01:08:37 / 111	00:04:16 / 112	01:01:10 / 272	02:47:39	00:43:27
181	372	STYRYLSKI PAWEŁ	M40		67	M40/50	JM / 175 00:32:02 / 245	00:08:09 / 266	01:12:24 / 177	00:04:08 / 215	00:51:27 / 141	02:48:10	00:43:58
182	112	KACZMARCZYK BOGDAN	M30		80	M30/88	JM / 176 00:31:45 / 239	00:06:07 / 231	01:12:30 / 181	00:04:53 / 203	00:53:08 / 177	02:48:23	00:44:10
183	202	MRÓZ URSZULA	K20	BIKEBROTHERS OSHEE TEAM	86	K20/4	JK / 7 00:22:34 / 20	00:05:19 / 24	01:17:17 / 262	00:04:31 / 142	00:58:44 / 251	02:48:25	00:44:12
184	167	ŁABNO WALDEMAR	M40		74	M40/51	JM / 177 00:29:48 / 189	00:06:25 / 194	01:14:46 / 219	00:04:25 / 206	00:53:02 / 171	02:48:26	00:44:14
185	298	ŚLIWA MIROSLAW	M40	DOBCZYCKI KLUB BIEGACZA	75	M40/52	JM / 178 00:34:48 / 292	00:06:45 / 278	01:11:50 / 169	00:04:26 / 224	00:50:41 / 132	02:48:30	00:44:18
186	330	WRÓBEL GRZEGORZ	M40		75	M40/53	JM / 179 00:25:21 / 57	00:05:49 / 67	01:16:03 / 244	00:04:32 / 166	00:56:50 / 226	02:48:35	00:44:23
187	128	KONDASZEWSKI BARTOSZ	M30	PMRCR	83	M30/89	JM / 180 00:32:29 / 258	00:07:24 / 263	01:13:36 / 204	00:04:28 / 225	00:50:40 / 131	02:48:37	00:44:25
188	281	STĘPSKA MAŁGOSIA	K40	ESKADRA MASTERS	72	K40/3	JK / 8 00:29:56 / 194	00:08:48 / 248	01:11:22 / 158	00:04:39 / 191	00:53:57 / 188	02:48:42	00:44:30

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
189	346	DWERNICKI JAKUB	M20		86	M20/31	JM / 181 00:30:15 / 202	00:06:17 / 203	01:18:15 / 271	00:04:32 / 242	00:49:26 / 108	02:48:45	00:44:32
190	187	MAXIMENKO ALEXEY	M20	KRAKOW FREAKS	87	M20/32	JM / 182 00:32:39 / 262	00:05:45 / 243	01:11:45 / 167	00:05:11 / 204	00:53:25 / 179	02:48:45	00:44:33
191	60	DE BARRA EVAN	M40	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	74	M40/54	JM / 183 00:36:32 / 303	00:05:06 / 279	01:11:17 / 154	00:03:47 / 214	00:52:04 / 156	02:48:46	00:44:34
192	23	BIERNACKI KRYSTIAN	M30		78	M30/90	JM / 184 00:29:18 / 171	00:06:31 / 181	01:11:10 / 153	00:04:31 / 162	00:57:19 / 233	02:48:49	00:44:36
193	127	KOŁATAJ MICHAŁ	M20	42DOSZCZESCIA.PL	89	M20/33	JM / 185 00:32:18 / 252	00:06:22 / 247	01:18:12 / 270	00:03:01 / 251	00:48:58 / 99	02:48:51	00:44:39
194	277	SOZAŃSKI PIOTR	M50	INTERFORM	56	M50/9	JM / 186 00:35:22 / 294	00:06:17 / 280	01:06:48 / 70	00:04:45 / 176	00:55:52 / 216	02:49:04	00:44:52
195	336	ZAZIĄBŁ JAN	M20	ZAZIĄBŁ	91	M20/34	JM / 187 00:28:54 / 154	00:06:45 / 175	01:09:42 / 124	00:04:42 / 148	00:59:05 / 254	02:49:08	00:44:56
196	328	WOLA RADOSŁAW	M40		72	M40/55	JM / 188 00:26:40 / 89	00:06:49 / 118	01:09:13 / 116	00:04:45 / 117	01:01:48 / 278	02:49:15	00:45:03
197	317	WAŚ ROBERT	M40	YMAA.PL	69	M40/56	JM / 189 00:32:02 / 247	00:05:49 / 230	01:12:16 / 174	00:04:59 / 198	00:54:11 / 191	02:49:17	00:45:05
198	7	WASIAK WOJCIECH	M50	WATERKNIGHTS TRIATHLON	60	M50/10	JM / 190 00:28:44 / 148	00:05:02 / 127	01:17:52 / 267	00:04:12 / 211	00:53:32 / 180	02:49:22	00:45:10
199	206	NAWRAT KRYSTIAN	M50		61	M50/11	JM / 191 00:27:26 / 105	00:06:41 / 141	01:16:58 / 256	00:04:08 / 201	00:54:14 / 194	02:49:27	00:45:15
200	383	LEWANDOWSKI	M40		75	M40/57	JM / 192 00:26:04 / 70	00:06:25 / 93	01:17:50 / 266	00:04:39 / 195	00:54:31 / 202	02:49:29	00:45:17
201	311	URBAŃSKI JAKUB	M20		88	M20/35	JM / 193 00:32:52 / 265	00:06:14 / 254	01:09:56 / 131	00:04:56 / 182	00:55:39 / 213	02:49:37	00:45:25
202	240	POLASZEK MICHAŁ	M30	AGAT	79	M30/91	JM / 194 00:26:34 / 87	00:07:15 / 130	01:11:18 / 156	00:05:10 / 151	00:59:35 / 257	02:49:52	00:45:40
203	43	CIAŁOWICZ PAWEŁ	M30		77	M30/92	JM / 195 00:29:24 / 176	00:07:53 / 220	01:11:28 / 159	00:05:03 / 180	00:56:05 / 221	02:49:53	00:45:40
204	348	GUZEK KRZYSZTOF	M20	DIAMANT POLSKA	88	M20/36	JM / 196 00:34:15 / 280	00:07:36 / 282	01:11:36 / 165	00:04:36 / 226	00:52:11 / 158	02:50:14	00:46:02
205	24	BIEDROŃ NATALIA	K20	LTT	90	K20/5	JK / 9 00:32:00 / 244	00:04:46 / 207	01:14:14 / 214	00:04:01 / 196	00:55:50 / 215	02:50:51	00:46:39
206	199	MORAWSKI FILIP	M20		87	M20/37	JM / 197 00:29:20 / 173	00:05:59 / 164	01:17:38 / 263	00:04:23 / 220	00:53:38 / 182	02:50:58	00:46:45
207	50	CZELNY ZBYSZEK	M30	JAH CREATION	83	M30/93	JM / 198 00:31:23 / 231	00:06:16 / 225	01:12:48 / 187	00:04:30 / 194	00:56:06 / 222	02:51:03	00:46:50
208	347	GRZYBOWSKI MARCIN	M20	AMELINIUM RACING	88	M20/38	JM / 199 00:32:58 / 267	00:07:43 / 274	01:18:22 / 272	00:04:15 / 275	00:47:50 / 79	02:51:08	00:46:56
209	142	KUBIK TOMASZ	M30	ZOOTEKA	76	M30/94	JM / 200 00:29:39 / 185	00:07:26 / 215	01:16:45 / 253	00:03:36 / 222	00:53:53 / 187	02:51:19	00:47:06
210	120	KĘDZIORA KRZYSZTOF	M30	MSR	85	M30/95	JM / 201 00:27:34 / 109	00:08:03 / 174	01:09:19 / 118	00:05:15 / 149	01:01:10 / 274	02:51:21	00:47:09
211	241	POLAK TADEUSZ	M30		82	M30/96	JM / 202 00:30:53 / 215	00:06:35 / 223	01:12:57 / 190	00:05:37 / 212	00:55:20 / 211	02:51:22	00:47:09
212	339	ŻBIKOWSKI DARIUSZ	M30	TEAM ORKISZON	82	M30/97	JM / 203 00:35:39 / 296	00:05:43 / 276	01:15:09 / 228	00:05:19 / 268	00:49:33 / 110	02:51:23	00:47:11
213	304	TOFILSKA MONIKA	K40	ESKADRA MASTERS	70	K40/4	JK / 10 00:30:23 / 205	00:05:40 / 187	01:14:01 / 211	00:04:03 / 185	00:57:34 / 236	02:51:41	00:47:29
214	64	DĘBICKA BRYGIDA	K30	WOSZK ZAKOPANE	79	K30/2	JK / 11 00:26:46 / 92	00:06:54 / 122	01:15:58 / 243	00:04:37 / 187	00:57:32 / 235	02:51:47	00:47:35
215	155	KWIECIEŃ KATARZYNA	K30	3FLOW TRIATHLON CLUB	80	K30/3	JK / 12 00:34:16 / 281	00:04:39 / 251	01:14:52 / 222	00:03:29 / 219	00:54:57 / 208	02:52:13	00:48:01
216	379	PĘDOWSKI WOJCIECH	M50	OK! SPORT	64	M50/12	JM / 204 00:30:15 / 203	00:07:53 / 235	01:16:27 / 248	00:04:51 / 245	00:52:52 / 169	02:52:18	00:48:06
217	222	PAJDA JAROMIR	M40	CARYŃSKA	72	M40/58	JM / 205 00:29:50 / 191	00:06:51 / 206	01:17:55 / 268	00:05:15 / 250	00:52:34 / 161	02:52:25	00:48:12
218	152	KWAŚNY JERZY	M40	MGMREKLAMY	73	M40/59	JM / 206 00:27:37 / 111	00:06:05 / 123	01:12:24 / 176	00:04:49 / 159	01:01:37 / 276	02:52:32	00:48:20
219	356	STASIKOWSKI JACEK	M40	RADOSNE PIJACZKI Z NADWAGĄ	69	M40/60	JM / 207 00:31:27 / 233	00:07:05 / 245	01:15:03 / 227	00:05:39 / 239	00:53:34 / 181	02:52:48	00:48:35
220	82	GARLEWICZ GRZEGORZ	M40		75	M40/61	JM / 208 00:31:18 / 227	00:07:44 / 253	01:15:42 / 239	00:04:24 / 236	00:53:49 / 186	02:52:57	00:48:45
221	178	MAŁECKI ROBERT	M40	AZS PWSZ NOWY SĄCZ	67	M40/62	JM / 209 00:31:00 / 219	00:07:21 / 241	01:15:16 / 230	00:05:09 / 233	00:54:11 / 192	02:52:57	00:48:45

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
222	290	SYNOWIEC MARCIN	M30	CZARNY GROŃ	77	M30/98	M / 210 00:26:38 / 88	00:07:25 / 139	01:13:05 / 193	00:05:24 / 174	01:00:41 / 270	02:53:13	00:49:00
223	117	KASTELNIK MIESZKO	M40		75	M40/63	M / 211 00:30:31 / 209	00:06:33 / 214	01:13:46 / 205	00:04:25 / 202	00:58:01 / 239	02:53:16	00:49:04
224	288	SUSUŁ BOGDAN	M40		74	M40/64	M / 212 00:30:14 / 201	00:08:59 / 257	01:18:11 / 269	00:04:42 / 271	00:51:19 / 139	02:53:25	00:49:13
225	16	BARANIECKI JACEK	M30		82	M30/99	M / 213 00:38:26 / 311	00:06:51 / 307	01:11:18 / 157	00:03:50 / 257	00:53:07 / 176	02:53:32	00:49:20
226	354	PULCHNY MACIEJ	M20	TAZZ TEAM	86	M20/39	M / 214 00:32:27 / 257	00:10:01 / 291	01:12:29 / 180	00:04:27 / 244	00:54:13 / 193	02:53:37	00:49:25
227	351	LUBOWIECKA OKSANA	K40		71	K40/5	K / 13 00:28:36 / 141	00:06:07 / 154	01:14:55 / 224	00:04:28 / 184	00:59:47 / 259	02:53:53	00:49:40
228	40	CHUDZIK SYLWIA	K40		69	K40/6	K / 14 00:26:30 / 84	00:06:36 / 108	01:16:35 / 249	00:04:25 / 183	00:59:47 / 260	02:53:53	00:49:41
229	268	SMĘTKIEWICZ ALEKSANDRA	K20		87	K20/6	K / 15 00:31:18 / 228	00:05:38 / 211	01:17:50 / 265	00:04:44 / 247	00:54:29 / 201	02:53:59	00:49:47
230	139	KRZCIUK TOMASZ	M40		71	M40/65	M / 215 00:32:26 / 256	00:07:46 / 267	01:13:16 / 198	00:04:37 / 227	00:56:01 / 220	02:54:06	00:49:54
231	132	KOWALSKI PIOTR	M30		78	M30/100	M / 216 00:28:27 / 134	00:07:15 / 176	01:18:56 / 277	00:05:02 / 249	00:54:33 / 204	02:54:13	00:50:01
232	147	KUKUCZ-LEGIEŃ MICHAŁ	M30	KUKUCZSPORT.PL	83	M30/101	M / 217 00:26:47 / 93	00:07:07 / 134	01:13:34 / 201	00:04:32 / 172	01:02:15 / 281	02:54:15	00:50:03
233	257	ROŚLICKI JAROSŁAW	M30	TU EUROPA	80	M30/102	M / 218 00:31:57 / 243	00:04:34 / 201	01:17:10 / 258	00:03:16 / 217	00:57:20 / 234	02:54:17	00:50:05
234	61	DEDYK ZUZANNA	K20		97	K20/7	K / 16 00:34:42 / 291	00:07:17 / 284	01:14:57 / 226	00:04:48 / 266	00:52:37 / 163	02:54:21	00:50:09
235	344	BATORYNA ALEKSANDER	M30	TKKF `TRIATHLON` DĄBROWA GÓRNICZA	83	M30/103	M / 219 00:33:12 / 268	00:09:07 / 288	01:15:37 / 237	00:04:50 / 272	00:51:43 / 147	02:54:29	00:50:17
236	62	DEDYK MIROŚŁAW	M50		63	M50/13	M / 220 00:34:39 / 290	00:07:21 / 285	01:14:56 / 225	00:04:49 / 267	00:52:45 / 166	02:54:30	00:50:18
237	86	GŁOWACKI RAFAŁ	M50		62	M50/14	M / 221 00:32:21 / 253	00:06:48 / 255	01:14:49 / 221	00:05:06 / 235	00:55:26 / 212	02:54:30	00:50:18
238	140	KSIĄŻEK ANNA	K30	AKTYWNA STRONA ŻYCIA	76	K30/4	K / 17 00:32:03 / 248	00:06:28 / 244	01:16:06 / 245	00:04:14 / 234	00:55:40 / 214	02:54:31	00:50:18
239	273	SOLECKI MARCIN	M30		84	M30/104	M / 222 00:28:28 / 135	00:07:40 / 191	01:16:57 / 257	00:07:13 / 255	00:54:36 / 207	02:54:54	00:50:42
240	283	STRYSZOWSKI RAFAŁ	M40		75	M40/66	M / 223 00:35:27 / 295	00:07:00 / 290	01:13:56 / 209	00:04:24 / 259	00:54:11 / 190	02:54:58	00:50:46
241	136	KRASUSKI ROBERT	M40		67	M40/67	M / 224 00:29:16 / 167	00:05:23 / 152	01:16:45 / 254	00:04:03 / 207	00:59:51 / 263	02:55:18	00:51:06
242	319	WESOŁOWSKI SZYMON	M20		93	M20/40	M / 225 00:34:11 / 277	00:06:22 / 271	01:12:28 / 179	00:06:07 / 237	00:56:27 / 225	02:55:35	00:51:23
243	382	ERNEST MIROŚŁAW	M40		75	M40/68	M / 226 00:34:14 / 279	00:07:35 / 281	01:13:52 / 207	00:05:34 / 262	00:54:20 / 196	02:55:35	00:51:23
244	80	FYDA MARIUSZ	M40		70	M40/69	M / 227 00:32:31 / 260	00:06:41 / 256	01:15:19 / 231	00:04:12 / 232	00:57:09 / 231	02:55:52	00:51:40
245	310	URBAŃCZYK MARCIN	M30	DMK DYSPLAZJA TEAM :)	81	M30/105	M / 228 00:27:11 / 101	00:06:03 / 115	01:26:51 / 311	00:04:22 / 283	00:51:27 / 142	02:55:54	00:51:41
246	103	JANEK JOANNA	K30		83	K30/5	K / 18 00:30:04 / 197	00:09:19 / 259	01:13:15 / 196	00:04:53 / 223	00:58:33 / 248	02:56:04	00:51:52
247	94	GROMNY KONRAD	M30		79	M30/106	M / 229 01:56:29 / 324	-1:-2:-2 / 109	01:19:17 / 280			02:56:37	00:52:25
248	176	MAKOŚ KRYSZTIAN	M30		83	M30/107	M / 230 00:32:02 / 246	00:06:32 / 246	01:14:48 / 220	00:04:46 / 228	00:58:38 / 249	02:56:46	00:52:34

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
249	36	CEKIERA ANTONI	M60	COMBEX	53	M60/1	JM / 231 00:29:27 / 178	00:06:31 / 185	01:16:56 / 255	00:03:56 / 216	01:00:05 / 266	02:56:55	00:52:43
250	133	KOZDRA KRZYSZTOF	M40	NIEZRZESZONY	66	M40/70	JM / 232 00:31:14 / 226	00:07:01 / 240	01:16:12 / 246	00:04:55 / 243	00:57:58 / 238	02:57:20	00:53:07
251	215	ORNACKI ŁUKASZ	M30		84		JM / 233 00:35:15 / 293	00:07:45 / 294	01:12:43 / 183	00:03:31 / 240	00:58:06 / 240	02:57:20	00:53:08
						M30/108							
252	166	LISKIEWICZ PIOTR	M40		70	M40/71	JM / 234 00:34:01 / 275	00:07:27 / 277	01:20:19 / 287	00:03:10 / 286	00:52:36 / 162	02:57:33	00:53:21
253	65	DONHEFNER TOMASZ	M40		73	M40/72	JM / 235 00:27:46 / 116	00:06:29 / 145	01:15:37 / 238	00:04:51 / 190	01:03:12 / 292	02:57:55	00:53:42
254	270	SOKALSKI PAWEŁ	M40		71	M40/73	JM / 236 00:32:31 / 259	00:08:50 / 275	01:17:49 / 264	00:04:36 / 278	00:54:31 / 203	02:58:17	00:54:04
255	107	JAWORSKI PIOTR	M30		78		JM / 237 00:26:44 / 91	00:06:48 / 119	01:19:40 / 282	00:05:16 / 230	00:59:50 / 262	02:58:18	00:54:06
						M30/109							
256	335	ZALEGA JAROSŁAW	M40	GHOSTBIKERS BĘDZIN	71	M40/74	JM / 238 00:29:56 / 193	00:07:30 / 222	01:15:51 / 241	00:05:11 / 229	00:59:51 / 264	02:58:19	00:54:07
257	219	OWCZAREK TOMASZ	M40		67	M40/75	JM / 239 00:29:13 / 163	00:06:07 / 165	01:15:47 / 240	00:04:32 / 208	01:02:59 / 291	02:58:38	00:54:26
258	312	WALKOWSKI JACEK	M40		66	M40/76	JM / 240 00:28:15 / 130	00:05:55 / 143	01:15:31 / 233	00:04:38 / 188	01:04:19 / 298	02:58:38	00:54:26
259	296	SZWARC PIOTR	M20		94	M20/41	JM / 241 00:31:10 / 225	00:06:19 / 224	01:14:11 / 213	00:04:25 / 213	01:02:36 / 286	02:58:41	00:54:28
260	196	MISZAŁSKI HENRYK	M30		82		JM / 242 00:32:08 / 249	00:05:38 / 227	01:18:31 / 274	00:04:38 / 260	00:58:06 / 241	02:59:01	00:54:49
						M30/110							
261	113	KAMIŃSKA KAROLINA	K30	HAPPY TRI FRIENDS	82	K30/6	JK / 19 00:29:54 / 192	00:08:06 / 232	01:16:40 / 251	00:05:19 / 253	00:59:18 / 255	02:59:17	00:55:05
262	374	ZIELONKA JACEK	M30	RADOSNE PIJACZKI Z NADWAGĄ	79		JM / 243 00:30:46 / 211	00:07:23 / 236	01:14:39 / 217	00:04:35 / 221	01:02:04 / 279	02:59:27	00:55:15
						M30/111							
263	66	DOROBIS ADAM	M40	KOTASPORT	75	M40/77	JM / 244 00:30:46 / 212	00:05:41 / 198	01:13:32 / 200	00:04:57 / 193	01:04:58 / 302	02:59:54	00:55:42
264	226	PARA ŁUKASZ	M30	ITT	81		JM / 245 00:31:08 / 223	00:07:05 / 238	01:17:13 / 260	00:04:30 / 252	01:00:28 / 268	03:00:24	00:56:12
						M30/112							
265	380	WILK MARCIN	M40	ZAPOROWY MARATON	75	M40/78	JM / 246 00:36:22 / 300	00:06:31 / 293	01:13:34 / 203	00:06:20 / 273	00:58:30 / 246	03:01:17	00:57:05
266	169	ŁUCZYŃSKI MICHAŁ	M40		74	M40/79	JM / 247 00:40:52 / 316	00:06:54 / 315	01:16:38 / 250	00:06:23 / 301	00:50:48 / 134	03:01:35	00:57:23
267	261	SAMBOR RAFAŁ	M20	UBUNGU	87	M20/42	JM / 248 00:31:33 / 236	00:06:38 / 237	01:15:32 / 235	00:05:34 / 241	01:02:47 / 290	03:02:04	00:57:51
268	297	SZYMCZYK PAWEŁ	M30	MOOSE	83		JM / 249 00:28:32 / 139	00:06:32 / 160	01:20:12 / 285	00:04:16 / 248	01:02:32 / 285	03:02:04	00:57:52
						M30/113							
269	134	KOZŁOWSKI WOJTEK	M40		68	M40/80	JM / 250 00:29:17 / 170	00:07:50 / 216	01:21:21 / 292	00:07:12 / 289	00:56:55 / 228	03:02:35	00:58:23
270	363	WYDRA SŁAWOMIR	M40	XBOX BIKE TEAM	67	M40/81	JM / 251 00:34:39 / 288	00:07:47 / 289	01:12:47 / 185	00:05:06 / 256	01:02:26 / 283	03:02:45	00:58:33
271	358	ŚWIEC PAWEŁ	M20		86	M20/43	JM / 252 00:29:07 / 160	00:06:58 / 188	01:18:33 / 275	00:05:33 / 254	01:03:22 / 295	03:03:33	00:59:21
272	251	PTASZNIK PRZEMYSŁAW	M30		80		JM / 253 00:29:35 / 182	00:06:36 / 192	01:19:57 / 284	00:04:52 / 261	01:02:39 / 287	03:03:39	00:59:26
						M30/114							
273	394	ZŁOTNICKI ARKADIUSZ	M40		72	M40/82	JM / 254 00:29:17 / 169	00:07:11 / 199	01:25:58 / 308	00:03:43 / 291	00:58:10 / 242	03:04:19	01:00:06
274	174	MADA PAULINA	K20	KORONA PABIANICE	91	K20/8	JK / 20 00:28:39 / 146	00:06:40 / 163	01:19:08 / 279	00:05:03 / 246	01:04:49 / 301	03:04:19	01:00:07
275	47	CZERWIEC MAGDALENA	K30	KLUB TRIATHLONOWY `WATER KNIGHTS` ZABIERZÓW	78	K30/7	JK / 21 00:26:26 / 80	00:06:42 / 110	01:16:20 / 247	00:04:13 / 179	01:10:42 / 311	03:04:23	01:00:11

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
276	25	BLONIARCZYK BARBARA	K30		78	K30/8	K / 22 00:33:46 / 272	00:08:12 / 283	01:21:00 / 291	00:05:31 / 295	00:56:00 / 219	03:04:29	01:00:17
277	53	CZYŻYCKI PIOTR	M20		88	M20/44	M / 255 00:32:48 / 264	00:07:02 / 262	01:18:41 / 276	00:05:43 / 281	01:00:42 / 271	03:04:56	01:00:43
278	12	ANTKIEWICZ JANUSZ	M50	AZS AWF KRAKÓW MASTERS	64	M50/15	M / 256 00:29:36 / 183	00:06:24 / 186	01:26:27 / 310	00:04:41 / 292	00:57:53 / 237	03:05:01	01:00:49
279	245	POTOCZNY MARCIN	M20	BIKEBROTHERS OSHEE TEAM	91	M20/45	M / 257 00:32:15 / 251	00:08:17 / 270	01:20:16 / 286	00:03:47 / 284	01:00:29 / 269	03:05:04	01:00:52
280	375	GWOZDZ JAROSŁAW	M30	PRIVATE	80		M / 258 00:30:26 / 206	00:06:22 / 209	01:23:20 / 299	00:03:49 / 279	01:01:10 / 273	03:05:07	01:00:55
						M30/115							
281	385	GAWEL KAMIL	M30		83		M / 259 00:28:47 / 150	00:07:39 / 197	01:20:21 / 288	00:05:12 / 270	01:03:12 / 294	03:05:11	01:00:59
						M30/116							
282	217	OWCARZ MIROSLAW	M50		60	M50/16	M / 260 00:42:49 / 319	00:05:53 / 317	01:11:54 / 170	00:04:36 / 288	01:00:07 / 267	03:05:19	01:01:06
283	307	TOSNOWIEC RADOŚLAW	M20	RADOSNE PIJACZKI Z NADWAGĄ	89	M20/46	M / 261 00:36:06 / 299	00:07:55 / 302	01:21:44 / 294	00:03:46 / 297	00:56:08 / 224	03:05:39	01:01:27
284	205	MYTAR MARCIN	M30		78		M / 262 00:34:39 / 289	00:07:30 / 287	01:23:58 / 302	00:03:26 / 299	00:56:06 / 223	03:05:39	01:01:27
						M30/117							
285	34	BYSIEK KRZYSZTOF	M30		82		M / 263 00:28:29 / 136	00:06:58 / 170	01:24:02 / 303	00:04:10 / 277	01:02:44 / 289	03:06:23	01:02:11
						M30/118							
286	157	LATKO SEBASTIAN	M30	LATKO BROTHERS	80		M / 264 00:30:04 / 198	00:06:32 / 205	01:27:10 / 313	00:03:54 / 294	00:59:29 / 256	03:07:09	01:02:57
						M30/119							
287	27	BOBULA MARIUSZ	M40		74	M40/83	M / 265 00:36:28 / 301	00:06:33 / 295	01:14:06 / 212	00:06:22 / 276	01:04:06 / 297	03:07:35	01:03:23
288	78	FUJAK GRZEGORZ	M30		80		M / 266 00:29:08 / 161	00:05:33 / 153	01:26:17 / 309	00:04:11 / 287	01:02:42 / 288	03:07:51	01:03:38
						M30/120							
289	224	PAMUŁA ADAM	M50		64	M50/17	M / 267 00:36:01 / 298	00:07:59 / 301	01:12:26 / 178	00:07:47 / 280	01:04:21 / 299	03:08:34	01:04:22
290	173	MADEJ MATEUSZ	M30		80		M / 268 00:31:27 / 232	00:06:18 / 226	01:16:45 / 252	00:04:05 / 231	01:10:58 / 312	03:09:33	01:05:21
						M30/121							
291	313	WALCZYK ROMAN	M40	AKP KRAB AGH	68	M40/84	M / 269 00:29:34 / 181	00:05:20 / 156	01:23:29 / 300	00:06:32 / 285	01:04:49 / 300	03:09:44	01:05:32
292	161	LESZCZYNSKI ŁUKASZ	M30		85		M / 270 00:42:54 / 320	00:06:55 / 319	01:21:55 / 295	00:04:19 / 308	00:54:11 / 189	03:10:14	01:06:02
						M30/122							
293	267	SKIBA MIROSLAW	M30		84		M / 271 00:41:27 / 317	00:07:04 / 316	01:21:32 / 293	00:03:20 / 305	00:56:53 / 227	03:10:16	01:06:03
						M30/123							
294	180	MARCINKIEWICZ ZBIGNIEW	M30	MARCINKIEWICZ FIZJOTERAPIA	81		M / 272 00:38:05 / 308	00:04:57 / 296	01:13:03 / 192	00:04:31 / 258	01:09:53 / 309	03:10:29	01:06:17
						M30/124							
295	171	ŁUKAWSKI KRZYSZTOF	M30		83		M / 273 00:36:31 / 302	00:06:50 / 299	01:25:55 / 307	00:03:44 / 304	00:58:20 / 244	03:11:20	01:07:08
						M30/125							
296	230	PELANT RYSZARD	M40		75	M40/85	M / 274 00:37:21 / 305	00:07:33 / 306	01:19:48 / 283	00:06:05 / 300	01:01:44 / 277	03:12:31	01:08:19
297	101	HRYNZUK-ŁABNO ANNA	K40		74	K40/7	K / 23 00:31:48 / 240	00:07:13 / 252	01:23:52 / 301	00:06:11 / 296	01:03:47 / 296	03:12:51	01:08:39
298	213	OLSZEWSKI MAREK	M20	OLSHCOACHING	87	M20/47	M / 275 00:34:33 / 285	00:08:44 / 298	01:12:49 / 188	00:05:15 / 263	01:11:33 / 314	03:12:54	01:08:42
299	1	KOSSAKOWSKI PRZEMYSŁAW	M40	NIEZRZESZONY	72	M40/86	M / 276 00:34:33 / 286	00:08:42 / 297	01:12:52 / 189	00:05:14 / 264	01:11:33 / 315	03:12:54	01:08:42
300	3	KRÓL PAWEŁ	M30		84		M / 277 00:37:27 / 307	00:08:39 / 311	01:24:28 / 304	00:06:06 / 311	00:56:58 / 229	03:13:38	01:09:26

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
						M30/126							
301	345	CIAŁOWICZ TOMASZ	M30		84		M / 278 00:39:46 / 314	00:09:53 / 318	01:15:30 / 232	00:06:33 / 302	01:02:13 / 280	03:13:55	01:09:43
						M30/127							
302	334	ZAŁEWSKI PIOTR	M40	ALETEMPO	69	M40/87	M / 279 00:33:40 / 271	00:06:28 / 265	01:22:37 / 297	00:04:25 / 293	01:07:24 / 305	03:14:34	01:10:22
303	352	MYRLAK MIROSŁAW	M30	BIKEBROTHERS OSHEE TEAM	81		M / 280 00:40:01 / 315	00:07:38 / 314	01:20:46 / 290	00:05:07 / 306	01:01:30 / 275	03:15:02	01:10:49
						M30/128							
304	264	SAWER JOANNA	K40	NIEZRZESZONY	74	K40/8	K / 24 00:30:10 / 199	00:08:04 / 239	01:27:58 / 314	00:05:38 / 303	01:03:12 / 293	03:15:02	01:10:49
305	229	PAZDRO ROBERT	M50		63	M50/18	M / 281 00:35:56 / 297	00:08:46 / 304	01:14:19 / 215	00:06:51 / 290	01:09:18 / 308	03:15:10	01:10:58
306	207	NIEKRASZEWICZ LECH	M30	REHATER REHABILITACJA	85		M / 282 00:32:23 / 254	00:05:41 / 233	01:18:24 / 273	00:05:11 / 265	01:13:55 / 318	03:15:34	01:11:22
				KOMPLEKSOWA		M30/129							
307	4	PAWLIKOWSKI JACEK	M40		68	M40/88	M / 283 00:37:27 / 306	00:08:39 / 310	01:24:28 / 305	00:06:06 / 312	00:59:40 / 258	03:16:20	01:12:08
308	284	SULISZ BOGUSŁAW	M40		66	M40/89	M / 284 00:34:36 / 287	00:10:16 / 305	01:11:31 / 162	00:07:55 / 282	01:12:35 / 317	03:16:53	01:12:41
309	247	POŻNAŃSKI TOMASZ	M40	HAPPY TRI FRIENDS	72	M40/90	M / 285 00:33:53 / 273	00:08:38 / 292	01:20:36 / 289	00:06:24 / 298	01:07:40 / 307	03:17:11	01:12:59
310	129	KONIEC LECH	M30		78		M / 286 00:38:16 / 310	00:07:08 / 308	01:11:17 / 155	00:05:11 / 269	01:15:35 / 319	03:17:27	01:13:15
						M30/130							
311	321	FLORCZYK TOMASZ	M30		77		M / 287 00:38:38 / 312	00:07:14 / 309	01:24:49 / 306	00:05:36 / 310	01:02:16 / 282	03:18:33	01:14:20
						M30/131							
312	360	WOJTANOWSKI WIESŁAW	M50	NIESTOWARZYSZONY	57	M50/19	M / 288 00:34:18 / 283	00:06:22 / 273	01:27:02 / 312	00:08:32 / 309	01:02:30 / 284	03:18:44	01:14:31
313	227	PASZKO RADOŚLAW	M30	DARWOOD ZAWIERCIE	82		M / 289 00:33:13 / 269	00:07:22 / 272	01:29:27 / 317	00:04:09 / 307	01:05:26 / 303	03:19:37	01:15:25
						M30/132							
314	20	BAK JAROSŁAW	M30		76		M / 290 00:49:03 / 322	00:08:21 / 323	01:22:07 / 296	00:06:20 / 319	00:54:35 / 206	03:20:26	01:16:14
						M30/133							
315	177	MALITA PIOTR	M50		62	M50/20	M / 291 00:32:53 / 266	00:10:44 / 300			01:12:18 / 316	03:22:04	01:17:52
316	291	SYROWIECKA JOANNA	K20		93	K20/9	K / 25 00:28:38 / 145	00:05:35 / 144	01:23:02 / 298	00:05:52 / 274	01:19:28 / 320	03:22:35	01:18:23
317	295	SZEWCZYK SŁAWOMIR	M40	KIM JAROSŁAW	72	M40/91	M / 292 00:38:07 / 309	00:08:30 / 312	01:34:36 / 320	00:03:39 / 318	00:58:22 / 245	03:23:14	01:19:01
318	305	TOMASZEK BERNADETA	K40	AZS AWF KRAKÓW MASTERS	75	K40/9	K / 26 00:42:31 / 318	00:07:52 / 321	01:29:02 / 316	00:04:40 / 317	01:00:02 / 265	03:24:07	01:19:55
319	249	PRZYBYŁKA LESZEK	M30		81		M / 293 00:32:10 / 250	00:08:16 / 268	01:34:58 / 321	00:03:43 / 314	01:07:32 / 306	03:26:39	01:22:27
						M30/134							
320	373	WÓJCIK JAKUB	M20		89	M20/48	M / 294 00:45:52 / 321	00:08:29 / 322	01:19:00 / 278	00:07:05 / 315	01:06:27 / 304	03:26:53	01:22:41
321	115	KARPIŃSKI ZDZISŁAW	M70	WITAR TARNOBRZEG	42	M70/1	M / 295 00:34:11 / 278	00:10:29 / 303	01:28:55 / 315	00:05:24 / 313	01:10:33 / 310	03:29:32	01:25:20
322	276	SOTOŁA ANETA	K30		76	K30/9	K / 27 00:34:19 / 284	00:07:49 / 286	01:34:19 / 319	00:04:58 / 316	01:11:10 / 313	03:32:35	01:28:22
323	362	WROŃSKI PIOTR	M30	RADOSNE PIJACZKI Z NADWAGĄ	78		M / 296 00:36:49 / 304	00:10:25 / 313	01:32:26 / 318	00:09:20 / 320	01:27:58 / 321	03:56:58	01:52:46
						M30/135							
324	150	KUSINA JERZY	M50		60	M50/21	M / 297 00:39:00 / 313	00:11:05 / 320	01:36:06 / 322	00:06:28 / 321	01:28:02 / 322	04:00:41	01:56:29

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 06.09.2015 23:37:10

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

OPEN

KOBIETY (WOMEN)

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	46	CZERWIŃSKA KATARZYNA	K20	TRINERGY TEAM	90	K20/1	K / 1 00:23:09 / 5	00:04:31 / 4	01:04:57 / 1	00:03:02 / 2	00:42:09 / 1	02:17:48	00:13:36
2	323	WŁODARCZYK JULIA	K20		92	K20/2	K / 2 00:21:23 / 2	00:04:16 / 2	01:06:55 / 2	00:03:01 / 1	00:45:36 / 2	02:21:11	00:16:59
3	83	GARLEWICZ ASIA	K40	BIKE BROTHERS OSHEE TEAM	72	K40/1	K / 3 00:23:06 / 4	00:04:24 / 3	01:08:26 / 3	00:03:20 / 3	00:48:16 / 3	02:27:32	00:23:20
4	391	KWIATKOWSKA KAJA	K20	YMCA KRAKÓW	96	K20/3	K / 4 00:21:20 / 1	00:03:34 / 1	01:13:34 / 6	00:02:58 / 4	00:53:05 / 6	02:34:31	00:30:18
5	135	KRAJEWSKA-PÓŁTORAK MAŁGORZATA	K40	72D WINDSPORT TEAM	67	K40/2	K / 5 00:25:14 / 6	00:05:57 / 6	01:14:42 / 9	00:04:31 / 6	00:53:06 / 7	02:43:30	00:39:17
6	48	CZECHOWSKA-MADEJ KATARZYNA	K30	MILEK TRIATHLON TEAM	81	K30/1	K / 6 00:27:41 / 10	00:05:14 / 7	01:15:16 / 13	00:04:15 / 7	00:51:37 / 4	02:44:03	00:39:51
7	202	MRÓZ URSZULA	K20	BIKEBROTHERS OSHEE TEAM	86	K20/4	K / 7 00:22:34 / 3	00:05:19 / 5	01:17:17 / 19	00:04:31 / 5	00:58:44 / 17	02:48:25	00:44:12
8	281	STĘPSKA MAŁGOSIA	K40	ESKADRA MASTERS	72	K40/3	K / 8 00:29:56 / 15	00:08:48 / 20	01:11:22 / 4	00:04:39 / 13	00:53:57 / 8	02:48:42	00:44:30
9	24	BIEDROŃ NATALIA	K20	LTT	90	K20/5	K / 9 00:32:00 / 21	00:04:46 / 15	01:14:14 / 8	00:04:01 / 14	00:55:50 / 12	02:50:51	00:46:39
10	304	TOFILSKA MONIKA	K40	ESKADRA MASTERS	70	K40/4	K / 10 00:30:23 / 18	00:05:40 / 14	01:14:01 / 7	00:04:03 / 11	00:57:34 / 15	02:51:41	00:47:29
11	64	DĘBICKA BRYGIDA	K30	WOSZK ZAKOPANE	79	K30/2	K / 11 00:26:46 / 9	00:06:54 / 10	01:15:58 / 14	00:04:37 / 12	00:57:32 / 14	02:51:47	00:47:35
12	155	KWIECIEŃ KATARZYNA	K30	3FLOW TRIATHLON CLUB	80	K30/3	K / 12 00:34:16 / 24	00:04:39 / 21	01:14:52 / 10	00:03:29 / 15	00:54:57 / 10	02:52:13	00:48:01
13	351	LUBOWIECKA OKSANA	K40		71	K40/5	K / 13 00:28:36 / 11	00:06:07 / 12	01:14:55 / 11	00:04:28 / 10	00:59:47 / 19	02:53:53	00:49:40
14	40	CHUDZIK SYLWIA	K40		69	K40/6	K / 14 00:26:30 / 8	00:06:36 / 8	01:16:35 / 17	00:04:25 / 9	00:59:47 / 20	02:53:53	00:49:41
15	268	SMĘTKIEWICZ ALEKSANDRA	K20		87	K20/6	K / 15 00:31:18 / 19	00:05:38 / 16	01:17:50 / 20	00:04:44 / 19	00:54:29 / 9	02:53:59	00:49:47
16	61	DEDYK ZUZANNA	K20		97	K20/7	K / 16 00:34:42 / 26	00:07:17 / 25	01:14:57 / 12	00:04:48 / 21	00:52:37 / 5	02:54:21	00:50:09
17	140	KSIĄŻEK ANNA	K30	AKTYWNA STRONA ŻYCIA	76	K30/4	K / 17 00:32:03 / 22	00:06:28 / 19	01:16:06 / 15	00:04:14 / 17	00:55:40 / 11	02:54:31	00:50:18
18	103	JANEK JOANNA	K30		83	K30/5	K / 18 00:30:04 / 16	00:09:19 / 23	01:13:15 / 5	00:04:53 / 16	00:58:33 / 16	02:56:04	00:51:52
19	113	KAMIŃSKA KAROLINA	K30	HAPPY TRI FRIENDS	82	K30/6	K / 19 00:29:54 / 14	00:08:06 / 17	01:16:40 / 18	00:05:19 / 20	00:59:18 / 18	02:59:17	00:55:05
20	174	MADA PAULINA	K20	KORONA PABIANICE	91	K20/8	K / 20 00:28:39 / 13	00:06:40 / 13	01:19:08 / 21	00:05:03 / 18	01:04:49 / 24	03:04:19	01:00:07
21	47	CZERWIEC MAGDALENA	K30	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	78	K30/7	K / 21 00:26:26 / 7	00:06:42 / 9	01:16:20 / 16	00:04:13 / 8	01:10:42 / 25	03:04:23	01:00:11
22	25	BLONIARCZYK BARBARA	K30		78	K30/8	K / 22 00:33:46 / 23	00:08:12 / 24	01:21:00 / 22	00:05:31 / 23	00:56:00 / 13	03:04:29	01:00:17
23	101	HRYNCHUK-ŁABNO ANNA	K40		74	K40/7	K / 23 00:31:48 / 20	00:07:13 / 22	01:23:52 / 24	00:06:11 / 24	01:03:47 / 23	03:12:51	01:08:39
24	264	SAWER JOANNA	K40	NIEZRZESZONY	74	K40/8	K / 24 00:30:10 / 17	00:08:04 / 18	01:27:58 / 25	00:05:38 / 25	01:03:12 / 22	03:15:02	01:10:49
25	291	SYROWIECKA JOANNA	K20		93	K20/9	K / 25 00:28:38 / 12	00:05:35 / 11	01:23:02 / 23	00:05:52 / 22	01:19:28 / 27	03:22:35	01:18:23

KOBIETY (WOMEN)

Msc	Nr	Nazwisko i imię	Kraj	Drużyna	R-k	W kategorii						Wynik	Strata	
Rank	Bib	Name	Nat.	Team	YoB	in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Time	Diff.	
26	305	TOMASZEK BERNADETA	K40	AZS AWF KRAKÓW MASTERS	75	K40/9	K / 26	00:42:31 / 27	00:07:52 / 27	01:29:02 / 26	00:04:40 / 27	01:00:02 / 21	03:24:07	01:19:55
27	276	SOTOŁA ANETA	K30		76	K30/9	K / 27	00:34:19 / 25	00:07:49 / 26	01:34:19 / 27	00:04:58 / 26	01:11:10 / 26	03:32:35	01:28:22

III Ogólnopolski Triathlon "IRON DRAGON"

WYNIKI ZAWODÓW

K20 18-29 Lat

Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki

Termin: 06.09.2015

Miejsce: Budzyń-Cholerzym

Dystans: 1,5/40/10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Grupa Group	Pływanie Swim	T1	Rower Bike	T2	Bieg Run	Wynik Time	Strata Diff.
1	46	CZERWIŃSKA KATARZYNA	POL	TRINERGY TEAM	90	K20/1		00:23:09 / 4	00:04:31 / 3	01:04:57 / 2	00:03:01 / 2	00:42:09 / 1	02:17:48	+ 00:00:00
2	323	WŁODARCZYK JULIA	POL		92	K20/2		00:21:23 / 2	00:04:15 / 2	01:06:55 / 1	00:03:00 / 1	00:45:36 / 2	02:21:11	+ 00:03:23
3	391	KWIATKOWSKA KAJA	POL	YMCA KRAKÓW	96	K20/3		00:21:20 / 1	00:03:34 / 1	01:13:33 / 3	00:02:58 / 3	00:53:04 / 3	02:34:31	+ 00:16:42
4	202	MRÓZ URSZULA	POL	BIKEBROTHERS OSHEE TEAM	86	K20/4		00:22:34 / 3	00:05:19 / 4	01:17:16 / 4	00:04:31 / 4	00:58:43 / 4	02:48:25	+ 00:30:36
5	24	BIEDROŃ NATALIA	POL	LTT	90	K20/5		00:32:00 / 8	00:04:45 / 7	01:14:13 / 5	00:04:00 / 5	00:55:50 / 5	02:50:51	+ 00:33:02
6	268	SMĘTKIEWICZ ALEKSANDRA	POL		87	K20/6		00:31:18 / 7	00:05:37 / 8	01:17:49 / 7	00:04:43 / 7	00:54:29 / 6	02:53:59	+ 00:36:11
7	61	DEDYK ZUZANNA	POL		97	K20/7		00:34:42 / 9	00:07:17 / 9	01:14:57 / 8	00:04:47 / 8	00:52:36 / 7	02:54:21	+ 00:36:32
8	174	MADA PAULINA	POL	KORONA PABIANICE	91	K20/8		00:28:39 / 6	00:06:39 / 6	01:19:08 / 6	00:05:02 / 6	01:04:49 / 8	03:04:19	+ 00:46:30
9	291	SYROWIECKA JOANNA	POL		93	K20/9		00:28:38 / 5	00:05:35 / 5	01:23:02 / 9	00:05:51 / 9	01:19:28 / 9	03:22:35	+ 01:04:47

III Ogólnopolski Triathlon "IRON DRAGON"

WYNIKI ZAWODÓW

K30 30-39 Lat

Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki

Termin: 06.09.2015

Miejsce: Budzyń-Cholerzym

Dystans: 1,5/40/10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Grupa Group	Pływanie Swim	T1	Rower Bike	T2	Bieg Run	Wynik Time	Strata Diff.
1	48	CZECHOWSKA-MADEJ KATARZYNA	POL	MILEK TRIATHLON TEAM	81	K30/1		00:27:41 / 3	00:05:14 / 1	01:15:15 / 1	00:04:15 / 1	00:51:37 / 1	02:44:03	+ 00:00:00
2	64	DĘBICKA BRYGIDA	POL	WOSZK ZAKOPANE	79	K30/2		00:26:46 / 2	00:06:53 / 3	01:15:57 / 3	00:04:37 / 3	00:57:31 / 2	02:51:47	+ 00:07:43
3	155	KWIECIEŃ KATARZYNA	POL	3FLOW TRIATHLON CLUB	80	K30/3		00:34:16 / 8	00:04:38 / 6	01:14:52 / 5	00:03:29 / 4	00:54:56 / 3	02:52:13	+ 00:08:09
4	140	KSIĄŻEK ANNA	POL	AKTYWNA STRONA ŻYCIA	76	K30/4		00:32:03 / 6	00:06:28 / 5	01:16:05 / 6	00:04:13 / 6	00:55:39 / 4	02:54:31	+ 00:10:27
5	103	JANEK JOANNA	POL		83	K30/5		00:30:04 / 5	00:09:19 / 7	01:13:14 / 4	00:04:53 / 5	00:58:32 / 5	02:56:04	+ 00:12:01
6	113	KAMIŃSKA KAROLINA	POL	HAPPY TRI FRIENDS	82	K30/6		00:29:54 / 4	00:08:06 / 4	01:16:39 / 7	00:05:18 / 7	00:59:18 / 6	02:59:17	+ 00:15:13
7	47	CZERWIEC MAGDALENA	POL	KLUB TRIATHLONOWY `WATER	78	K30/7		00:26:26 / 1	00:06:41 / 2	01:16:19 / 2	00:04:13 / 2	01:10:41 / 7	03:04:23	+ 00:20:19
8	25	BLONIARCZYK BARBARA	POL		78	K30/8		00:33:46 / 7	00:08:12 / 8	01:20:59 / 8	00:05:31 / 8	00:56:00 / 8	03:04:29	+ 00:20:26
9	276	SOTOŁA ANETA	POL		76	K30/9		00:34:19 / 9	00:07:49 / 9	01:34:19 / 9	00:04:57 / 9	01:11:10 / 9	03:32:35	+ 00:48:31

III Ogólnopolski Triathlon "IRON DRAGON"

WYNIKI ZAWODÓW

K40 40-49 Lat

Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki

Termin: 06.09.2015

Miejsce: Budzyń-Cholerzym

Dystans: 1,5/40/10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Grupa Group	Pływanie Swim	T1	Rower Bike	T2	Bieg Run	Wynik Time	Strata Diff.
1	83	GARLEWICZ ASIA	POL	BIKE BROTHERS OSHEE TEAM	72	K40/1		00:23:06 / 1	00:04:23 / 1	01:08:26 / 1	00:03:20 / 1	00:48:15 / 1	02:27:32	+ 00:00:00
2	135	KRAJEWSKA-PÓŁTORAK MAŁGORZATA	POL	72D WINDSPORT TEAM	67	K40/2		00:25:14 / 2	00:05:57 / 2	01:14:42 / 2	00:04:30 / 2	00:53:05 / 2	02:43:30	+ 00:15:57
3	281	STĘPSKA MAŁGOSIA	POL	ESKADRA MASTERS	72	K40/3		00:29:56 / 5	00:08:47 / 7	01:11:22 / 6	00:04:38 / 6	00:53:56 / 3	02:48:42	+ 00:21:09
4	304	TOFILSKA MONIKA	POL	ESKADRA MASTERS	70	K40/4		00:30:23 / 7	00:05:40 / 5	01:14:01 / 5	00:04:02 / 5	00:57:33 / 4	02:51:41	+ 00:24:08
5	351	LUBOWIECKA OKSANA	POL		71	K40/5		00:28:36 / 4	00:06:06 / 4	01:14:55 / 3	00:04:28 / 4	00:59:46 / 5	02:53:53	+ 00:26:20
6	40	CHUDZIK SYLWIA	POL		69	K40/6		00:26:30 / 3	00:06:36 / 3	01:16:34 / 4	00:04:25 / 3	00:59:47 / 6	02:53:53	+ 00:26:20
7	101	HRYNCZUK-ŁABNO ANNA	POL		74	K40/7		00:31:48 / 8	00:07:13 / 8	01:23:52 / 7	00:06:10 / 7	01:03:47 / 7	03:12:51	+ 00:45:19
8	264	SAWER JOANNA	POL	NIEZRZESZONY	74	K40/8		00:30:10 / 6	00:08:04 / 6	01:27:57 / 8	00:05:38 / 8	01:03:11 / 8	03:15:02	+ 00:47:29
9	305	TOMASZEK BERNADETA	POL	AZS AWF KRAKÓW MASTERS	75	K40/9		00:42:31 / 9	00:07:51 / 9	01:29:02 / 9	00:04:40 / 9	01:00:01 / 9	03:24:07	+ 00:56:34

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 07.09.2015 18:21:25

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

M20 18-29 Lat

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	309	TYCZYŃSKI JACEK	M20	CSGT GŁOGÓW	96	M20/1	00:18:58 / 2	00:02:56 / 2	01:01:41 / 2	00:02:38 / 2	00:37:59 / 1	02:04:12	
2	349	HYDZIK PIOTR	M20	YMCA KRAKOW/ AKTYWNA STRONA ZYCIA	95	M20/2	00:18:42 / 1	00:03:07 / 1	01:01:44 / 3	00:02:30 / 1	00:42:20 / 4	02:08:23	00:04:11
3	52	CZYŻ BARTŁOMIEJ	M20	BIKEBROTHERS OSHEE TEAM	90	M20/3	00:20:42 / 4	00:03:55 / 4	01:01:37 / 1	00:02:43 / 3	00:40:49 / 3	02:09:46	00:05:34
4	218	OWCZAREK KRZYSZTOF	M20	AZS AGH	92	M20/4	00:20:28 / 3	00:03:43 / 3	01:02:02 / 4	00:03:00 / 4	00:43:04 / 5	02:12:17	00:08:04
5	28	BOREK MATEUSZ	M20		86	M20/5	00:24:52 / 11	00:04:11 / 10	01:03:28 / 6	00:03:12 / 5	00:40:45 / 2	02:16:28	00:12:16
6	163	LIGĘZA TOMASZ	M20		88	M20/6	00:22:37 / 5	00:05:07 / 5	01:04:54 / 9	00:03:44 / 8	00:47:12 / 11	02:23:34	00:19:21
7	320	WILCZEK JAKUB	M20	MERCAREON	92	M20/7	00:23:19 / 8	00:04:43 / 6	01:04:33 / 8	00:03:23 / 6	00:47:57 / 14	02:23:55	00:19:43
8	384	PAULANIS CYPRIAN	M20	X-BIONIC TEAM POLSKA	89	M20/8	00:28:43 / 21	00:03:32 / 16	01:05:20 / 10	00:03:01 / 10	00:45:09 / 8	02:25:45	00:21:33
9	81	GADAJ GRZEGORZ	M20		86	M20/9	00:24:24 / 9	00:04:34 / 9	01:03:41 / 7	00:03:30 / 7	00:49:44 / 21	02:25:53	00:21:41
10	195	MILEWSKI TOMASZ	M20		90	M20/10	00:23:12 / 6	00:05:28 / 8	01:06:56 / 16	00:03:25 / 9	00:48:27 / 15	02:27:28	00:23:16
11	387	BEREŚ ARKADIUSZ	M20	GARMIN TRI SQUAD RZESZÓW	87	M20/11	00:30:59 / 32	00:05:12 / 30	01:02:42 / 5	00:03:29 / 13	00:46:29 / 10	02:28:51	00:24:38
12	326	WOLSKI MARCIN	M20	WOLSCY BROTHERS TRIATHLON TEAM	89	M20/12	00:26:27 / 14	00:03:45 / 11	01:13:00 / 36	00:03:18 / 20	00:43:49 / 6	02:30:19	00:26:06
13	116	KARASIŃSKI ŁUKASZ	M20	PG TEAM	89	M20/13	00:26:19 / 13	00:05:49 / 15	01:06:04 / 12	00:03:21 / 12	00:49:28 / 20	02:31:01	00:26:48
14	279	STAŚKIEWICZ MACIEJ	M20		88	M20/14	00:28:37 / 20	00:04:35 / 18	01:05:30 / 11	00:04:23 / 15	00:48:42 / 16	02:31:47	00:27:35
15	239	POKRYSZKA BARTOSZ	M20	KOMBO KURCZAKI	86	M20/15	00:23:17 / 7	00:05:17 / 7	01:08:44 / 20	00:03:47 / 11	00:50:45 / 24	02:31:50	00:27:38
16	98	HALAGARDA KRZYSZTOF	M20	PDK	88	M20/16	00:29:14 / 25	00:05:45 / 23	01:09:31 / 21	00:03:57 / 25	00:44:20 / 7	02:32:47	00:28:34
17	214	ORLIK MATEUSZ	M20	OPP KATOWICE	88	M20/17	00:27:09 / 17	00:06:03 / 19	01:07:55 / 17	00:03:36 / 17	00:48:50 / 17	02:33:33	00:29:21
18	104	KUBICA KACPER	M20		95	M20/18	00:24:54 / 12	00:05:27 / 12	01:09:51 / 23	00:03:29 / 16	00:50:28 / 23	02:34:09	00:29:57
19	144	JAROSZ MATEUSZ	M20	LTT	86	M20/19	00:28:25 / 18	00:05:24 / 21	01:10:50 / 29	00:03:25 / 23	00:46:06 / 9	02:34:10	00:29:58
20	342	ŻMUDZIEJEWSKI JAKUB	M20		89	M20/20	00:26:42 / 15	00:05:59 / 17	01:06:27 / 13	00:03:53 / 14	00:52:05 / 28	02:35:06	00:30:54
21	19	BARCIK MATEUSZ	M20	DENTESTETICA	86	M20/21	00:26:56 / 16	00:04:43 / 14	01:09:57 / 25	00:03:31 / 18	00:51:31 / 26	02:36:38	00:32:26
22	368	FURMAŃSKI ARTUR	M20	SOKÓŁ TARNÓW	87	M20/22	00:29:01 / 23	00:04:56 / 22	01:11:30 / 30	00:04:01 / 27	00:47:41 / 12	02:37:09	00:32:57
23	124	KOBIELA MACIEJ	M20	KROSS STAFF TEAM	88	M20/23	00:31:49 / 36	00:04:58 / 34	01:08:03 / 19	00:04:06 / 26	00:49:52 / 22	02:38:48	00:34:36
24	353	PAGACZ FILIP	M20	BIKEBROTHERS OSHEE TEAM	89	M20/24	00:30:28 / 30	00:06:01 / 31	01:06:31 / 15	00:04:16 / 22	00:52:50 / 30	02:40:06	00:35:54
25	185	MATRAS DANIEL	M20	MILEK TRIATHLON TEAM	88	M20/25	00:31:02 / 33	00:04:43 / 27	01:09:58 / 26	00:03:55 / 28	00:51:15 / 25	02:40:53	00:36:41

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
26	287	SURMACZ TOMASZ	M20	DOBCZYCKI KLUB BIEGACZA	89	M20/26	M / 134 00:30:02 / 28	00:05:56 / 28	01:08:01 / 18	00:04:07 / 24	00:52:57 / 31	02:41:03	00:36:51
27	388	SUSZEK DAMIAN	M20	GARMIN TRI SQUAD RZESZÓW	87	M20/27	M / 135 00:30:41 / 31	00:05:50 / 32	01:06:29 / 14	00:03:36 / 21	00:54:35 / 36	02:41:11	00:36:58
28	274	SOŁOWIANOW WIACZESŁAW	M20		88	M20/28	M / 143 00:29:30 / 27	00:05:42 / 24	01:10:26 / 27	00:04:15 / 29	00:53:13 / 32	02:43:06	00:38:53
29	265	SIWOWSKI MICHAŁ	M20		88	M20/29	M / 153 00:28:36 / 19	00:05:10 / 20	01:13:48 / 37	00:04:12 / 31	00:51:59 / 27	02:43:45	00:39:33
30	359	TOMULA PIOTR	M20		89	M20/30	M / 167 00:24:29 / 10	00:06:45 / 13	01:10:44 / 28	00:04:00 / 19	00:59:49 / 41	02:45:47	00:41:35
31	346	DWERNICKI JAKUB	M20		86	M20/31	M / 181 00:30:15 / 29	00:06:17 / 33	01:18:15 / 42	00:04:32 / 39	00:49:26 / 19	02:48:45	00:44:32
32	187	MAXIMENKO ALEXEY	M20	KRAKOW FREAKS	87	M20/32	M / 182 00:32:39 / 40	00:05:45 / 37	01:11:45 / 32	00:05:11 / 33	00:53:25 / 33	02:48:45	00:44:33
33	127	KOŁĄTAJ MICHAŁ	M20	42DOSZCZESCIA.PL	89	M20/33	M / 185 00:32:18 / 38	00:06:22 / 38	01:18:12 / 41	00:03:01 / 41	00:48:58 / 18	02:48:51	00:44:39
34	336	ZAZIĄBŁ JAN	M20	ZAZIĄBŁ	91	M20/34	M / 187 00:28:54 / 22	00:06:45 / 26	01:09:42 / 22	00:04:42 / 30	00:59:05 / 40	02:49:08	00:44:56
35	311	URBAŃSKI JAKUB	M20		88	M20/35	M / 193 00:32:52 / 42	00:06:14 / 39	01:09:56 / 24	00:04:56 / 32	00:55:39 / 37	02:49:37	00:45:25
36	348	GUZEK KRZYSZTOF	M20	DIAMANT POLSKA	88	M20/36	M / 196 00:34:15 / 45	00:07:36 / 44	01:11:36 / 31	00:04:36 / 36	00:52:11 / 29	02:50:14	00:46:02
37	199	MORAWSKI FILIP	M20		87	M20/37	M / 197 00:29:20 / 26	00:05:59 / 25	01:17:38 / 40	00:04:23 / 35	00:53:38 / 34	02:50:58	00:46:45
38	347	GRZYBOWSKI MARCIN	M20	AMELINIUM RACING	88	M20/38	M / 199 00:32:58 / 43	00:07:43 / 43	01:18:22 / 43	00:04:15 / 44	00:47:50 / 13	02:51:08	00:46:56
39	354	PULCHNY MACIEJ	M20	TAZZ TEAM	86	M20/39	M / 214 00:32:27 / 39	00:10:01 / 45	01:12:29 / 34	00:04:27 / 40	00:54:13 / 35	02:53:37	00:49:25
40	319	WESOŁOWSKI SZYMON	M20		93	M20/40	M / 225 00:34:11 / 44	00:06:22 / 42	01:12:28 / 33	00:06:07 / 37	00:56:27 / 39	02:55:35	00:51:23
41	296	SZWARC PIOTR	M20		94	M20/41	M / 241 00:31:10 / 34	00:06:19 / 35	01:14:11 / 38	00:04:25 / 34	01:02:36 / 44	02:58:41	00:54:28
42	261	SAMBOR RAFAŁ	M20	UBUNGU	87	M20/42	M / 248 00:31:33 / 35	00:06:38 / 36	01:15:32 / 39	00:05:34 / 38	01:02:47 / 45	03:02:04	00:57:51
43	358	ŚWIEC PAWEŁ	M20		86	M20/43	M / 252 00:29:07 / 24	00:06:58 / 29	01:18:33 / 44	00:05:33 / 42	01:03:22 / 46	03:03:33	00:59:21
44	53	CZYŻYCKI PIOTR	M20		88	M20/44	M / 255 00:32:48 / 41	00:07:02 / 40	01:18:41 / 45	00:05:43 / 45	01:00:42 / 43	03:04:56	01:00:43
45	245	POTOCZNY MARCIN	M20	BIKEBROTHERS OSHEE TEAM	91	M20/45	M / 257 00:32:15 / 37	00:08:17 / 41	01:20:16 / 47	00:03:47 / 46	01:00:29 / 42	03:05:04	01:00:52
46	307	TOSNOWIEC RADOŚLAW	M20	RADOSNE PIJACZKI Z NADWAGĄ	89	M20/46	M / 261 00:36:06 / 47	00:07:55 / 47	01:21:44 / 48	00:03:46 / 47	00:56:08 / 38	03:05:39	01:01:27
47	213	OLSZEWSKI MAREK	M20	OLSHCOACHING	87	M20/47	M / 275 00:34:33 / 46	00:08:44 / 46	01:12:49 / 35	00:05:15 / 43	01:11:33 / 48	03:12:54	01:08:42
48	373	WÓJCIK JAKUB	M20		89	M20/48	M / 294 00:45:52 / 48	00:08:29 / 48	01:19:00 / 46	00:07:05 / 48	01:06:27 / 47	03:26:53	01:22:41

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 06.09.2015 23:38:34

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

M30 30-39 Lat

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	32	BRZYSKI MACIEJ	M30	KSOS KRAKÓW	85	M30/1	1M / 5 00:21:02 / 4	00:03:43 / 3	01:01:27 / 5	00:02:58 / 2	00:42:17 / 6	02:11:27	00:07:15
2	343	ŻUREK JACEK	M30		85	M30/2	1M / 8 00:19:39 / 2	00:03:54 / 2	01:02:34 / 7	00:02:45 / 1	00:45:30 / 22	02:14:22	00:10:10
3	237	PODSIADŁO ŁUKASZ	M30	VITANESPORTS-INTERMOBI	84	M30/3	1M / 9 00:24:32 / 17	00:03:57 / 13	01:02:50 / 8	00:03:12 / 8	00:40:33 / 3	02:15:04	00:10:52
4	350	KOŻUCHOWSKI GRZEGORZ	M30	TS AKWEDUKT KIELCE	84	M30/4	1M / 10 00:21:59 / 7	00:03:43 / 7	01:03:24 / 12	00:02:54 / 5	00:43:13 / 8	02:15:13	00:11:01
5	131	KOSMOWSKI MICHAŁ	M30	DOTSPORT.PL	80	M30/5	1M / 11 00:25:09 / 22	00:03:48 / 17	00:59:57 / 1	00:03:07 / 6	00:43:19 / 9	02:15:20	00:11:08
6	252	PTAK WOJCIECH	M30	BROWAR DOMOWY REBELIA ZĄBKOWICE ŚLĄSKIE	85	M30/6	1M / 12 00:21:34 / 5	00:04:06 / 6	01:06:52 / 35	00:03:16 / 14	00:40:05 / 1	02:15:53	00:11:41
7	88	GORTAT PIOTR	M30		81	M30/7	1M / 13 00:18:39 / 1	00:04:07 / 1	01:03:30 / 13	00:02:59 / 3	00:46:44 / 33	02:15:59	00:11:47
8	18	BARSZCZ MARCIN	M30	TRI2LIVE	82	M30/8	1M / 16 00:24:40 / 18	00:04:38 / 19	01:03:14 / 10	00:03:10 / 13	00:42:40 / 7	02:18:22	00:14:09
9	392	BŁASZCZYK MARCIN	M30	YMCA KRAKÓW	79	M30/9	1M / 17 00:25:06 / 21	00:03:50 / 15	01:00:00 / 2	00:03:00 / 4	00:46:39 / 31	02:18:35	00:14:23
10	95	GRYGLIK TOMASZ	M30		78	M30/10	1M / 18 00:25:05 / 20	00:03:52 / 16	01:02:27 / 6	00:03:53 / 11	00:44:00 / 13	02:19:17	00:15:05
11	70	DYBEK MATEUSZ	M30	AT TEAM/KINESIS KRAKÓW	80	M30/11	1M / 19 00:21:38 / 6	00:04:00 / 5	01:03:20 / 11	00:03:04 / 7	00:47:59 / 38	02:20:01	00:15:49
12	325	WOJDYŁA BARTŁOMIEJ	M30		85	M30/12	1M / 20 00:25:14 / 24	00:05:06 / 25	01:04:46 / 16	00:03:31 / 20	00:41:39 / 5	02:20:16	00:16:04
13	90	GÓRKA PIOTR	M30		79	M30/13	1M / 21 00:26:24 / 37	00:05:00 / 37	01:00:12 / 3	00:03:38 / 10	00:45:09 / 21	02:20:23	00:16:11
14	29	BORAL PIOTR	M30		81	M30/14	1M / 22 00:26:09 / 34	00:04:50 / 31	01:01:03 / 4	00:03:30 / 12	00:45:51 / 25	02:21:23	00:17:11
15	154	KWIECIEŃ KRYSTIAN	M30	3FLOW TRIATHLON CLUB	79	M30/15	1M / 24 00:24:06 / 14	00:04:10 / 11	01:06:49 / 33	00:03:03 / 18	00:44:13 / 15	02:22:21	00:18:08
16	364	KUCIŃSKI BENJAMIN	M30	BENQ - CO JA BIEGNĘ / NEWBALANCE.PL TEAM	82	M30/16	1M / 25 00:22:25 / 8	00:06:00 / 12	01:10:53 / 65	00:02:47 / 36	00:40:17 / 2	02:22:22	00:18:09
17	303	TARCZEWSKI TOMASZ	M30		79	M30/17	1M / 27 00:22:38 / 9	00:05:16 / 10	01:07:57 / 47	00:03:25 / 22	00:43:25 / 10	02:22:41	00:18:29
18	243	POPCZYK GRZEGORZ	M30	HAPPY TRI FRIENDS	78	M30/18	1M / 28 00:24:56 / 19	00:04:27 / 20	01:03:14 / 9	00:04:00 / 16	00:46:11 / 28	02:22:48	00:18:36
19	102	HUDZIEC SEBASTIAN	M30	HRMAX ŻORY	77	M30/19	1M / 30 00:25:22 / 25	00:04:29 / 22	01:06:04 / 26	00:03:18 / 21	00:44:25 / 18	02:23:38	00:19:26
20	6	ZAJĄC TOMASZ	M30	WATERKNIGHTS TRIATHLON	78	M30/20	1M / 33 00:25:39 / 28	00:04:31 / 23	01:04:48 / 17	00:03:31 / 19	00:45:39 / 23	02:24:08	00:19:56
21	114	KAMINSKI GRZEGORZ	M30		79	M30/21	1M / 35 00:22:53 / 10	00:04:13 / 8	01:05:31 / 24	00:03:14 / 15	00:48:21 / 41	02:24:12	00:20:00
22	141	KSIĄŻEK TOMASZ	M30		77	M30/22	1M / 36 00:23:28 / 12	00:04:10 / 9	01:03:46 / 14	00:03:46 / 9	00:49:05 / 50	02:24:15	00:20:02
23	272	SOLTOWSKI SEBASTIAN	M30		84	M30/23	1M / 38 00:25:37 / 27	00:04:38 / 24	01:06:38 / 31	00:03:24 / 25	00:44:15 / 16	02:24:32	00:20:19
24	118	KASPRZYK RAFAŁ	M30	FITNESSBYGOSIA.BLOGSPOT.COM	76	M30/24	1M / 42 00:25:41 / 29	00:05:34 / 32	01:06:23 / 29	00:03:39 / 31	00:43:48 / 11	02:25:05	00:20:53

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
25	225	PANEK WOJCIECH	M30		83	M30/25	JM / 43 00:27:33 / 49	00:04:39 / 43	01:05:25 / 23	00:03:18 / 29	00:44:25 / 19	02:25:20	00:21:08
26	168	ŁAKOMIEC KAROL	M30		85	M30/26	JM / 46 00:28:31 / 67	00:05:13 / 58	01:04:56 / 19	00:03:19 / 35	00:44:19 / 17	02:26:18	00:22:06
27	164	LIPCZYŃSKI JERZY	M30	PLACETOTRI	84	M30/27	JM / 47 00:29:20 / 77	00:03:56 / 54	01:04:10 / 15	00:03:11 / 27	00:45:58 / 26	02:26:35	00:22:22
28	369	GLUSZEK MARCIN	M30		81	M30/28	JM / 49 00:24:10 / 15	00:04:44 / 14	01:08:30 / 53	00:03:35 / 30	00:46:09 / 27	02:27:08	00:22:56
29	194	MIKA TOMASZ	M30	LABOSPORT TEAM	79	M30/29	JM / 51 00:29:04 / 73	00:03:49 / 49	01:06:11 / 27	00:03:11 / 37	00:45:09 / 20	02:27:24	00:23:12
30	5	KRUPIŃSKI MACIEJ	M30		79	M30/30	JM / 54 00:27:47 / 54	00:04:57 / 46	01:07:01 / 38	00:03:53 / 42	00:44:06 / 14	02:27:44	00:23:32
31	282	STRZAŁA GRZEGORZ	M30	OLSHCOACHING	78	M30/31	JM / 55 00:28:05 / 59	00:04:42 / 47	01:04:59 / 20	00:03:50 / 32	00:46:41 / 32	02:28:17	00:24:05
32	231	PIETRUSZKA MACIEJ	M30	KRWAWIE SUTY	82	M30/32	JM / 56 00:26:08 / 33	00:05:14 / 36	01:05:16 / 22	00:03:15 / 23	00:48:29 / 43	02:28:22	00:24:10
33	55	DADEJ GRZEGORZ	M30	KS MASTERS JORDAN KRAKÓW	78	M30/33	JM / 57 00:20:45 / 3	00:04:36 / 4	01:07:58 / 48	00:03:47 / 17	00:51:20 / 68	02:28:26	00:24:14
34	211	NOWAK GRZEGORZ	M30	MARCINKIEWICZ FIZJOTERAPIA	83	M30/34	JM / 61 00:27:41 / 53	00:04:08 / 39	01:04:52 / 18	00:03:42 / 26	00:48:39 / 45	02:29:02	00:24:50
35	2	SUDOŁ GRZEGORZ	M30	WATERKNIGHTS TRIATHLON	78	M30/35	JM / 64 00:30:58 / 95	00:04:50 / 80	01:09:20 / 58	00:03:44 / 58	00:40:39 / 4	02:29:31	00:25:19
36	44	CIUPIŃSKI PRZEMYSŁAW	M30	TRINERGY TEAM	80	M30/36	JM / 68 00:27:22 / 48	00:05:21 / 45	01:09:43 / 61	00:04:03 / 51	00:43:48 / 12	02:30:17	00:26:05
37	263	SARZYŃSKI WOJCIECH	M30	SARZYNY	79	M30/37	JM / 72 00:25:57 / 30	00:04:57 / 29	01:07:46 / 44	00:03:49 / 38	00:48:26 / 42	02:30:55	00:26:43
38	332	WYSOCKI PIOTR	M30		77	M30/38	JM / 73 00:24:05 / 13	00:05:11 / 18	01:06:42 / 32	00:04:05 / 24	00:50:55 / 67	02:30:58	00:26:46
39	223	PALKĄ JACEK	M30	KLIFORNIA TRI, LIMANOWA FORREST	79	M30/39	JM / 76 00:24:32 / 16	00:05:10 / 21	01:07:28 / 41	00:04:31 / 33	00:49:52 / 58	02:31:33	00:27:21
40	130	KOPACZ GRZEGORZ	M30	TRI NEGU/POLSPORT TEAM	85	M30/40	JM / 77 00:26:14 / 36	00:05:07 / 35	01:10:31 / 63	00:03:09 / 49	00:46:36 / 29	02:31:37	00:27:25
41	35	CEKIERA MARCIN	M30	TELE-MOBILE.PL	78	M30/41	JM / 84 00:26:57 / 45	00:03:58 / 30	01:09:21 / 59	00:03:15 / 41	00:48:42 / 46	02:32:13	00:28:00
42	337	ZAZIĄBŁ ŁUKASZ	M30	SMA SUNNY BOYS	81	M30/42	JM / 88 00:26:52 / 44	00:04:59 / 40	01:08:30 / 52	00:03:59 / 48	00:48:31 / 44	02:32:51	00:28:38
43	30	BRONICKI GRZEGORZ	M30		83	M30/43	JM / 89 00:27:53 / 56	00:05:00 / 50	01:07:44 / 43	00:03:31 / 47	00:49:02 / 49	02:33:10	00:28:58
44	71	DYKSAK FILIP	M30	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	83	M30/44	JM / 90 00:27:57 / 58	00:06:04 / 64	01:06:31 / 30	00:03:33 / 46	00:49:17 / 52	02:33:22	00:29:10
45	299	ŚMIGA KLAUDIUSZ	M30	CENTRUM URAZOWE MEDYCYNY RATUNKOWEJ I KATASTROF	82	M30/45	JM / 92 00:30:19 / 88	00:03:56 / 67	01:05:46 / 25	00:04:02 / 45	00:49:36 / 55	02:33:39	00:29:27
46	357	STEFAŃSKI MICHAŁ	M30		76	M30/46	JM / 94 00:26:33 / 39	00:04:44 / 34	01:08:54 / 56	00:03:34 / 43	00:50:21 / 63	02:34:06	00:29:53
47	220	OŻÓG TOMASZ	M30	LTT	80	M30/47	JM / 98 00:29:46 / 84	00:04:18 / 66	01:11:09 / 68	00:02:42 / 55	00:47:03 / 35	02:34:58	00:30:46
48	258	RÓŻAŃSKI KAMIL	M30	TRICISCO	85	M30/48	JM / 100 00:25:35 / 26	00:04:58 / 26	01:06:22 / 28	00:03:51 / 28	00:54:22 / 85	02:35:08	00:30:55
49	301	TADEUSZ MATEUSZ	M30		85	M30/49	JM / 102 00:26:14 / 35	00:05:03 / 33	01:07:35 / 42	00:03:53 / 39	00:53:05 / 77	02:35:50	00:31:38
50	156	LASYK MACIEJ	M30	MAKARONZSEREM.EU	82	M30/50	JM / 103 00:28:29 / 66	00:06:51 / 72	01:05:10 / 21	00:03:30 / 44	00:51:52 / 74	02:35:52	00:31:40
51	17	BARZYK KAROL	M30		76	M30/51	JM / 104 00:30:01 / 85	00:06:48 / 89	01:08:09 / 50	00:03:57 / 59	00:47:04 / 36	02:35:59	00:31:47
52	355	SKOTAK RAFAŁ	M30	AKP KRAB AGH	77	M30/52	JM / 106 00:23:17 / 11	00:07:33 / 28	01:14:53 / 100	00:03:36 / 61	00:46:49 / 34	02:36:08	00:31:56
53	182	MASZEWSKI DARIUSZ	M30		78	M30/53	JM / 111 01:42:02 / 134					02:36:44	00:32:32
54	377	KULĄ ANDRZEJ	M30	IVIA	76	M30/54	JM / 114 00:28:17 / 61	00:05:30 / 59	01:11:31 / 77	00:05:07 / 70	00:46:38 / 30	02:37:03	00:32:51
55	255	RAJTAR KRZYSZTOF	M30		76	M30/55	JM / 119 00:27:40 / 52	00:05:12 / 48	01:10:43 / 64	00:04:25 / 56	00:49:42 / 56	02:37:42	00:33:30
56	338	ZIÓŁKO MACIEJ	M30	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	76	M30/56	JM / 120 00:26:06 / 31	00:04:39 / 27	01:07:12 / 40	00:03:51 / 34	00:55:58 / 91	02:37:46	00:33:34

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
57	366	BUGAJSKI ARKADIUSZ	M30		76	M30/57	M / 125 00:28:18 / 62	00:04:46 / 51	01:12:44 / 86	00:03:28 / 60	00:50:29 / 64	02:39:45	00:35:33
58	15	BALDYS DARIUSZ	M30		77	M30/58	M / 126 00:26:28 / 38	00:05:43 / 42	01:11:08 / 69	00:04:54 / 57	00:51:46 / 72	02:39:59	00:35:46
59	189	MIARKA MACIEJ	M30	UBUNGU	82	M30/59	M / 128 00:34:01 / 117	00:04:21 / 109	01:08:14 / 51	00:03:37 / 68	00:49:55 / 59	02:40:08	00:35:56
60	260	SALIK STANISLAW	M30		76	M30/60	M / 129 00:28:46 / 69	00:06:09 / 69	01:10:22 / 62	00:04:35 / 66	00:50:18 / 62	02:40:10	00:35:58
61	75	FAFERKO WOJCIECH	M30		79	M30/61	M / 130 00:30:30 / 90	00:06:42 / 95	01:07:54 / 45	00:04:42 / 64	00:50:31 / 65	02:40:19	00:36:07
62	300	ŚWIECH KAMIL	M30	YMCA KRAKÓW	77	M30/62	M / 136 00:27:05 / 46	00:05:17 / 44	01:06:50 / 34	00:04:11 / 40	00:58:13 / 103	02:41:36	00:37:24
63	280	STEFANOWICZ ADAM	M30	AKTYWNA STRONA ŻYCIA	78	M30/63	M / 137 00:27:47 / 55	00:05:48 / 56	01:13:57 / 96	00:04:16 / 77	00:49:57 / 60	02:41:45	00:37:32
64	246	POTOCZNY PIOTR	M30		82	M30/64	M / 138 00:34:18 / 118	00:05:36 / 115	01:08:34 / 54	00:03:29 / 79	00:50:04 / 61	02:42:01	00:37:49
65	389	JAROŃ JAN	M30		85	M30/65	M / 139 00:31:36 / 104	00:05:32 / 93	01:12:09 / 81	00:03:34 / 82	00:49:14 / 51	02:42:05	00:37:52
66	200	MOSKAL SZYMON	M30	MILEK TRIATHLON TEAM	78	M30/66	M / 140 00:31:32 / 102	00:05:38 / 94	01:12:48 / 87	00:03:35 / 84	00:48:53 / 47	02:42:26	00:38:14
67	266	SIWEK JACEK	M30	AJRONMEN.PL	79	M30/67	M / 142 00:28:07 / 60	00:05:46 / 61	01:11:03 / 66	00:04:23 / 62	00:53:43 / 81	02:43:02	00:38:50
68	184	MAŚLUSZCZAK MICHAŁ	M30	AMELINIUM RACING	82	M30/68	M / 144 00:31:35 / 103	00:07:16 / 112	01:06:54 / 36	00:05:03 / 72	00:52:18 / 75	02:43:06	00:38:53
69	121	KLAJA ADRIAN	M30		83	M30/69	M / 145 00:30:51 / 93	00:06:56 / 102	01:13:15 / 92	00:03:50 / 87	00:48:18 / 40	02:43:10	00:38:57
70	216	OSTROWSKI BARTŁOMIEJ	M30	KRAKOW FREAKS	84	M30/70	M / 146 00:29:30 / 80	00:07:31 / 91	01:12:09 / 82	00:04:44 / 86	00:49:18 / 53	02:43:12	00:39:00
71	327	WOLNY KRZYSZTOF	M30	CTVA	81	M30/71	M / 147 00:30:12 / 87	00:05:12 / 74	01:11:37 / 79	00:04:49 / 78	00:51:26 / 70	02:43:16	00:39:04
72	179	MARKIEWICZ DAMIAN	M30	MARKIEWICZ TEAM	78	M30/72	M / 152 00:32:41 / 114	00:07:50 / 117	01:09:35 / 60	00:05:35 / 92	00:48:03 / 39	02:43:44	00:39:32
73	106	JAWORSKI PAWEŁ	M30		83	M30/73	M / 154 00:29:03 / 72	00:06:51 / 82	01:14:30 / 97	00:04:44 / 89	00:48:55 / 48	02:44:03	00:39:51
74	318	WĄSIK MARCIN	M30	WĄSIK TRI TEAM	76	M30/74	M / 155 00:29:16 / 75	00:05:43 / 70	01:12:19 / 83	00:04:20 / 76	00:52:40 / 76	02:44:18	00:40:06
75	275	SONTOWSKI RAFAŁ	M30		78	M30/75	M / 156 00:31:19 / 98	00:05:39 / 90	01:08:06 / 49	00:04:26 / 63	00:55:07 / 89	02:44:37	00:40:25
76	361	WÓJCIK BARTOSZ	M30		78	M30/76	M / 158 00:32:25 / 111	00:07:18 / 113	01:13:54 / 95	00:03:33 / 95	00:47:34 / 37	02:44:44	00:40:32
77	56	DANHOFER KRZYSZTOF	M30		81	M30/77	M / 159 00:30:48 / 92	00:06:30 / 97	01:17:15 / 110	00:04:36 / 102	00:45:42 / 24	02:44:51	00:40:39
78	148	KULA DAMIAN	M30	AT TEAM	77	M30/78	M / 161 00:27:35 / 51	00:06:21 / 63	01:15:33 / 103	00:03:46 / 83	00:51:46 / 73	02:45:01	00:40:49
79	93	GRABIEC DARIUSZ	M30		76	M30/79	M / 162 00:28:49 / 71	00:06:37 / 75	01:11:09 / 70	00:04:47 / 73	00:53:43 / 80	02:45:05	00:40:52
80	183	MASLUSZCZAK MATEUSZ	M30	TRI-STREFA.PL	85	M30/80	M / 163 00:31:30 / 101	00:07:20 / 111	01:06:55 / 37	00:05:03 / 71	00:54:20 / 84	02:45:08	00:40:56
81	329	WRONICZ PAWEŁ	M30		80	M30/81	M / 164 00:31:02 / 96	00:07:03 / 106	01:11:47 / 80	00:05:32 / 91	00:49:48 / 57	02:45:12	00:41:00
82	378	SUDER SŁAWOMIR	M30	KT WATERS KNIGHTS	83	M30/82	M / 165 00:29:44 / 83	00:05:39 / 73	01:07:06 / 39	00:03:59 / 50	00:58:52 / 107	02:45:20	00:41:07
83	21	BEIL DAWID	M30	MEDUSAGROUP	77	M30/83	M / 170 00:26:08 / 32	00:05:56 / 41	01:11:04 / 67	00:04:45 / 54	00:58:39 / 106	02:46:32	00:42:20
84	371	OGINSKI PIOTR	M30	BEZ KLUBU	77	M30/84	M / 171 00:25:11 / 23	00:06:27 / 38	01:11:29 / 76	00:04:34 / 53	00:59:02 / 108	02:46:43	00:42:31
85	316	WARWAS KRZYSZTOF	M30	HAPPY TRI FRIENDS	81	M30/85	M / 172 00:32:35 / 113	00:05:15 / 103	01:07:57 / 46	00:04:03 / 65	00:57:08 / 98	02:46:58	00:42:45
86	165	LIPIEN JAKUB	M30	ZIELONKI	78	M30/86	M / 173 00:29:24 / 79	00:06:11 / 77	01:11:33 / 78	00:04:23 / 75	00:56:00 / 92	02:47:31	00:43:19
87	386	KALITA DARIUSZ	M30	GARMIN TRI SQUAD RZESZÓW	83	M30/87	M / 174 00:27:54 / 57	00:05:42 / 57	01:08:37 / 55	00:04:16 / 52	01:01:10 / 114	02:47:39	00:43:27
88	112	KACZMARCZYK BOGDAN	M30		80	M30/88	M / 176 00:31:45 / 105	00:06:07 / 104	01:12:30 / 84	00:04:53 / 90	00:53:08 / 79	02:48:23	00:44:10
89	128	KONDASZEWSKI BARTOSZ	M30	PMRCR	83	M30/89	M / 180 00:32:29 / 112	00:07:24 / 114	01:13:36 / 94	00:04:28 / 98	00:50:40 / 66	02:48:37	00:44:25
90	23	BIERNACKI KRYSZTIAN	M30		78	M30/90	M / 184 00:29:18 / 76	00:06:31 / 81	01:11:10 / 71	00:04:31 / 74	00:57:19 / 99	02:48:49	00:44:36

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
91	240	POLASZEK MICHAŁ	M30	AGAT	79	M30/91	M / 194 00:26:34 / 40	00:07:15 / 60	01:11:18 / 73	00:05:10 / 69	00:59:35 / 110	02:49:52	00:45:40
92	43	CIAŁOWICZ PAWEŁ	M30		77	M30/92	M / 195 00:29:24 / 78	00:07:53 / 96	01:11:28 / 75	00:05:03 / 85	00:56:05 / 93	02:49:53	00:45:40
93	50	CZELNY ZBYSZEK	M30	JAH CREATION	83	M30/93	M / 198 00:31:23 / 99	00:06:16 / 99	01:12:48 / 88	00:04:30 / 88	00:56:06 / 94	02:51:03	00:46:50
94	142	KUBIK TOMASZ	M30	ZOOTEKA	76	M30/94	M / 200 00:29:39 / 82	00:07:26 / 92	01:16:45 / 106	00:03:36 / 97	00:53:53 / 82	02:51:19	00:47:06
95	120	KĘDZIORA KRZYSZTOF	M30	MSR	85	M30/95	M / 201 00:27:34 / 50	00:08:03 / 78	01:09:19 / 57	00:05:15 / 67	01:01:10 / 116	02:51:21	00:47:09
96	241	POLAK TADEUSZ	M30		82	M30/96	M / 202 00:30:53 / 94	00:06:35 / 98	01:12:57 / 89	00:05:37 / 93	00:55:20 / 90	02:51:22	00:47:09
97	339	ŻBIKOWSKI DARIUSZ	M30	TEAM ORKISZON	82	M30/97	M / 203 00:35:39 / 121	00:05:43 / 119	01:15:09 / 101	00:05:19 / 113	00:49:33 / 54	02:51:23	00:47:11
98	290	SYNOWIEC MARCIN	M30	CZARNY GROŃ	77	M30/98	M / 210 00:26:38 / 41	00:07:25 / 65	01:13:05 / 91	00:05:24 / 81	01:00:41 / 113	02:53:13	00:49:00
99	16	BARANIECKI JACEK	M30		82	M30/99	M / 213 00:38:26 / 127	00:06:51 / 125	01:11:18 / 74	00:03:50 / 108	00:53:07 / 78	02:53:32	00:49:20
100	132	KOWALSKI PIOTR	M30		78		M / 216 00:28:27 / 63	00:07:15 / 79	01:18:56 / 113	00:05:02 / 105	00:54:33 / 86	02:54:13	00:50:01
						M30/100							
101	147	KUKUCZ-LEGIEŃ MICHAŁ	M30	KUKUCZSPORT.PL	83		M / 217 00:26:47 / 43	00:07:07 / 62	01:13:34 / 93	00:04:32 / 80	01:02:15 / 120	02:54:15	00:50:03
						M30/101							
102	257	ROŚLICKI JAROSŁAW	M30	TU EUROPA	80		M / 218 00:31:57 / 106	00:04:34 / 86	01:17:10 / 108	00:03:16 / 94	00:57:20 / 100	02:54:17	00:50:05
						M30/102							
103	344	BATORYNA ALEKSANDER	M30	TKKF 'TRIATHLON' DĄBROWA GÓRNICZA	83		M / 219 00:33:12 / 115	00:09:07 / 121	01:15:37 / 104	00:04:50 / 116	00:51:43 / 71	02:54:29	00:50:17
						M30/103							
104	273	SOLECKI MARCIN	M30		84		M / 222 00:28:28 / 64	00:07:40 / 83	01:16:57 / 107	00:07:13 / 107	00:54:36 / 88	02:54:54	00:50:42
						M30/104							
105	310	URBAŃCZYK MARCIN	M30	DMK DYSPLAZJA TEAM :)	81		M / 228 00:27:11 / 47	00:06:03 / 53	01:26:51 / 130	00:04:22 / 119	00:51:27 / 69	02:55:54	00:51:41
						M30/105							
106	94	GROMNY KONRAD	M30		79		M / 229 01:56:29 / 135	-1:-2:-2 / 52	01:19:17 / 114			02:56:37	00:52:25
						M30/106							
107	176	MAKOŚ KRYSZTIAN	M30		83		M / 230 00:32:02 / 107	00:06:32 / 110	01:14:48 / 99	00:04:46 / 99	00:58:38 / 105	02:56:46	00:52:34
						M30/107							
108	215	ORNACKI ŁUKASZ	M30		84		M / 233 00:35:15 / 120	00:07:45 / 122	01:12:43 / 85	00:03:31 / 103	00:58:06 / 101	02:57:20	00:53:08
						M30/108							
109	107	JAWORSKI PIOTR	M30		78		M / 237 00:26:44 / 42	00:06:48 / 55	01:19:40 / 115	00:05:16 / 100	00:59:50 / 111	02:58:18	00:54:06
						M30/109							
110	196	MISZAŁSKI HENRYK	M30		82		M / 242 00:32:08 / 108	00:05:38 / 101	01:18:31 / 112	00:04:38 / 110	00:58:06 / 102	02:59:01	00:54:49
						M30/110							
111	374	ZIELONKA JACEK	M30	RADOSNE PIJACZKI Z NADWAGĄ	79		M / 243 00:30:46 / 91	00:07:23 / 107	01:14:39 / 98	00:04:35 / 96	01:02:04 / 118	02:59:27	00:55:15
						M30/111							
112	226	PARA ŁUKASZ	M30	ITT	81		M / 245 00:31:08 / 97	00:07:05 / 108	01:17:13 / 109	00:04:30 / 106	01:00:28 / 112	03:00:24	00:56:12
						M30/112							
113	297	SZYMCZYK PAWEŁ	M30	MOOSE	83		M / 249 00:28:32 / 68	00:06:32 / 71	01:20:12 / 117	00:04:16 / 104	01:02:32 / 122	03:02:04	00:57:52

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
						M30/113							
114	251	PTASZNIK PRZEMYSŁAW	M30		80		M / 253 00:29:35 / 81	00:06:36 / 84	01:19:57 / 116	00:04:52 / 111	01:02:39 / 123	03:03:39	00:59:26
						M30/114							
115	375	GWOZDZ JAROSŁAW	M30	PRIVATE	80		M / 258 00:30:26 / 89	00:06:22 / 88	01:23:20 / 123	00:03:49 / 118	01:01:10 / 115	03:05:07	01:00:55
						M30/115							
116	385	GAWEL KAMIL	M30		83		M / 259 00:28:47 / 70	00:07:39 / 85	01:20:21 / 118	00:05:12 / 115	01:03:12 / 126	03:05:11	01:00:59
						M30/116							
117	205	MYTAR MARCIN	M30		78		M / 262 00:34:39 / 119	00:07:30 / 120	01:23:58 / 124	00:03:26 / 122	00:56:06 / 95	03:05:39	01:01:27
						M30/117							
118	34	BYSIEK KRZYSZTOF	M30		82		M / 263 00:28:29 / 65	00:06:58 / 76	01:24:02 / 125	00:04:10 / 117	01:02:44 / 125	03:06:23	01:02:11
						M30/118							
119	157	LATKO SEBASTIAN	M30	LATKO BROTHERS	80		M / 264 00:30:04 / 86	00:06:32 / 87	01:27:10 / 131	00:03:54 / 121	00:59:29 / 109	03:07:09	01:02:57
						M30/119							
120	78	FUJAK GRZEGORZ	M30		80		M / 266 00:29:08 / 74	00:05:33 / 68	01:26:17 / 129	00:04:11 / 120	01:02:42 / 124	03:07:51	01:03:38
						M30/120							
121	173	MADEJ MATEUSZ	M30		80		M / 268 00:31:27 / 100	00:06:18 / 100	01:16:45 / 105	00:04:05 / 101	01:10:58 / 130	03:09:33	01:05:21
						M30/121							
122	161	LESZCZYNSKI ŁUKASZ	M30		85		M / 270 00:42:54 / 132	00:06:55 / 133	01:21:55 / 121	00:04:19 / 128	00:54:11 / 83	03:10:14	01:06:02
						M30/122							
123	267	SKIBA MIROŚŁAW	M30		84		M / 271 00:41:27 / 131	00:07:04 / 131	01:21:32 / 120	00:03:20 / 125	00:56:53 / 96	03:10:16	01:06:03
						M30/123							
124	180	MARCINKIEWICZ ZBIGNIEW	M30	MARCINKIEWICZ FIZJOTERAPIA	81		M / 272 00:38:05 / 125	00:04:57 / 123	01:13:03 / 90	00:04:31 / 109	01:09:53 / 129	03:10:29	01:06:17
						M30/124							
125	171	ŁUKAWSKI KRZYSZTOF	M30		83		M / 273 00:36:31 / 122	00:06:50 / 124	01:25:55 / 128	00:03:44 / 124	00:58:20 / 104	03:11:20	01:07:08
						M30/125							
126	3	KRÓL PAWEŁ	M30		84		M / 277 00:37:27 / 124	00:08:39 / 128	01:24:28 / 126	00:06:06 / 130	00:56:58 / 97	03:13:38	01:09:26
						M30/126							
127	345	CIAŁOWICZ TOMASZ	M30		84		M / 278 00:39:46 / 129	00:09:53 / 132	01:15:30 / 102	00:06:33 / 123	01:02:13 / 119	03:13:55	01:09:43
						M30/127							
128	352	MYRLAK MIROŚŁAW	M30	BIKEBROTHERS OSHEE TEAM	81		M / 280 00:40:01 / 130	00:07:38 / 130	01:20:46 / 119	00:05:07 / 126	01:01:30 / 117	03:15:02	01:10:49
						M30/128							
129	207	NIEKRASZEWICZ LECH	M30	REHATER REHABILITACJA KOMPLEKSOWA	85		M / 282 00:32:23 / 110	00:05:41 / 105	01:18:24 / 111	00:05:11 / 112	01:13:55 / 131	03:15:34	01:11:22
						M30/129							
130	129	KONIEC LECH	M30		78		M / 286 00:38:16 / 126	00:07:08 / 126	01:11:17 / 72	00:05:11 / 114	01:15:35 / 132	03:17:27	01:13:15
						M30/130							
131	321	FLORCZYK TOMASZ	M30		77		M / 287 00:38:38 / 128	00:07:14 / 127	01:24:49 / 127	00:05:36 / 129	01:02:16 / 121	03:18:33	01:14:20
						M30/131							

<i>Msc</i> <i>Rank</i>	<i>Nr</i> <i>Bib</i>	<i>Nazwisko i imię</i> <i>Name</i>	<i>Kraj</i> <i>Nat.</i>	<i>Drużyna</i> <i>Team</i>	<i>R-k</i> <i>YoB</i>	<i>W kategorii</i> <i>in Age</i>	<i>Pływanie</i>	<i>T1/Pozycja</i>	<i>Rower</i>	<i>T2/Pozycja</i>	<i>Bieg</i>	<i>Wynik</i> <i>Time</i>	<i>Strata</i> <i>Diff.</i>
132	227	PASZKO RADOSŁAW	M30	DARWOOD ZAWIERCIE	82		M / 289 00:33:13 / 116	00:07:22 / 118	01:29:27 / 132	00:04:09 / 127	01:05:26 / 127	03:19:37	01:15:25
						M30/132							
133	20	BAK JAROSŁAW	M30		76		M / 290 00:49:03 / 133	00:08:21 / 134	01:22:07 / 122	00:06:20 / 132	00:54:35 / 87	03:20:26	01:16:14
						M30/133							
134	249	PRZYBYŁKA LESZEK	M30		81		M / 293 00:32:10 / 109	00:08:16 / 116	01:34:58 / 134	00:03:43 / 131	01:07:32 / 128	03:26:39	01:22:27
						M30/134							
135	362	WROŃSKI PIOTR	M30	RADOSNE PIJACZKI Z NADWAGĄ	78		M / 296 00:36:49 / 123	00:10:25 / 129	01:32:26 / 133	00:09:20 / 133	01:27:58 / 133	03:56:58	01:52:46
						M30/135							

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 06.09.2015 23:38:53

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

M40 40-49 Lat

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	365	BRZESKI TOMASZ	M40	TKN TATRA TEAM ZAKOPANE	72	M40/1	00:24:44 / 9	00:03:57 / 8	01:00:07 / 1	00:02:44 / 2	00:36:40 / 1	02:08:12	00:04:00
2	188	MAZURKEWICZ MAREK	M40	YMCA KRAKÓW	66	M40/2	00:20:36 / 1	00:04:00 / 1	01:01:35 / 3	00:03:08 / 1	00:42:31 / 6	02:11:50	00:07:38
3	51	CZUBA ADAM	M40	HAPPY TRI FRIENDS	69	M40/3	00:27:32 / 29	00:03:49 / 19	01:00:14 / 2	00:03:27 / 3	00:42:08 / 5	02:17:10	00:12:57
4	13	BAJOREK MICHAŁ	M40		69	M40/4	00:25:05 / 11	00:05:04 / 12	01:07:12 / 22	00:03:29 / 15	00:41:19 / 3	02:22:09	00:17:57
5	209	NOSEK MACIEJ	M40	IGLOO BOCHNIA	67	M40/5	00:28:37 / 40	00:04:34 / 31	01:01:41 / 4	00:03:04 / 7	00:45:46 / 13	02:23:42	00:19:30
6	33	BULKA ŁUKASZ	M40	IMPRODEX BIEGA	72	M40/6	00:26:06 / 21	00:04:34 / 16	01:06:35 / 15	00:03:04 / 13	00:43:50 / 9	02:24:09	00:19:57
7	341	ŻESŁAWSKI ROBERT	M40	KS VICTORIA ZAWIERCIE	72	M40/7	00:24:22 / 8	00:04:58 / 9	01:08:10 / 28	00:03:14 / 14	00:43:43 / 8	02:24:27	00:20:15
8	97	GRZYWACZ RAFAŁ	M40	AKTYWNA STRONA ŻYCIA	75	M40/8	00:28:11 / 38	00:04:13 / 23	01:03:03 / 9	00:03:52 / 11	00:45:27 / 11	02:24:46	00:20:34
9	286	SUPERSON WOJTEK	M40	ESKADRA MASTERS	71	M40/9	00:22:49 / 5	00:06:45 / 10	01:03:03 / 8	00:04:54 / 6	00:47:30 / 21	02:25:01	00:20:48
10	162	LEWANDOWSKI MARCIN	M40	HAPPY TRI FRIENDS	73	M40/10	00:22:01 / 2	00:03:52 / 2	01:06:48 / 18	00:03:32 / 4	00:50:35 / 33	02:26:48	00:22:36
11	333	WYTRWAŁ ADAM	M40	BIKEBROTHERS OSHEE TEAM	69	M40/11	00:22:33 / 4	00:04:14 / 3	01:08:24 / 30	00:03:16 / 9	00:48:54 / 24	02:27:21	00:23:08
12	370	KISIELEWSKI PAWEŁ	M40	WERTYKAŁ BIKEBOARD	74	M40/12	00:29:00 / 43	00:03:48 / 28	01:02:04 / 5	00:03:07 / 8	00:49:40 / 29	02:27:39	00:23:27
13	340	ŻELICHOWSKI ARTUR	M40	XTRI.PL	73	M40/13	00:31:05 / 63	00:05:10 / 56	01:08:11 / 29	00:02:58 / 34	00:41:19 / 2	02:28:43	00:24:31
14	143	KUBASIAK KRZYSZTOF	M40	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	73	M40/14	00:31:20 / 66	00:04:46 / 53	01:02:49 / 7	00:03:58 / 21	00:45:58 / 15	02:28:51	00:24:38
15	160	LENCZOWSKI KUBA	M40	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	71	M40/15	00:27:47 / 33	00:05:22 / 30	01:07:14 / 23	00:04:10 / 29	00:44:38 / 10	02:29:11	00:24:59
16	253	PULCHNY TOMASZ	M40	HAPPY TRI FRIENDS	72	M40/16	00:26:01 / 19	00:05:07 / 17	01:07:44 / 26	00:04:25 / 23	00:46:09 / 16	02:29:26	00:25:14
17	248	PRAWDZIC MICHAŁ	M40		74	M40/17	00:29:48 / 55	00:04:21 / 38	01:06:28 / 14	00:03:47 / 28	00:45:47 / 14	02:30:11	00:25:59
18	293	SZADKOWSKI KRZYSZTOF	M40		73	M40/18	00:26:31 / 23	00:04:08 / 15	01:06:55 / 19	00:03:42 / 16	00:48:57 / 25	02:30:13	00:26:00
19	125	KOCHANOWSKI DARIUSZ	M40	WTT WARSZAWA	74	M40/19	00:25:43 / 16	00:04:55 / 14	01:10:06 / 38	00:03:36 / 27	00:46:28 / 18	02:30:48	00:26:36
20	89	GORCZYCA JAKUB	M40		74	M40/20	00:24:54 / 10	00:03:44 / 7	01:07:23 / 24	00:03:03 / 10	00:51:46 / 41	02:30:50	00:26:38
21	145	KUCZYŃSKI KAMIL	M40	BCT TEAM	74	M40/21	00:23:33 / 7	00:04:38 / 5	01:07:10 / 21	00:04:20 / 12	00:51:38 / 40	02:31:19	00:27:07
22	99	HOFFMANN WOJCIECH	M40	MASTERS KORONA KRAKÓW	75	M40/22	00:22:29 / 3	00:04:33 / 4	01:07:03 / 20	00:03:17 / 5	00:54:18 / 57	02:31:40	00:27:28
23	285	SUŁKOWSKI MACIEJ	M40		75	M40/23	00:26:00 / 18	00:06:45 / 27	01:07:56 / 27	00:04:31 / 31	00:46:29 / 19	02:31:41	00:27:29
24	109	JEZIORSKI MARCIN	M40	TRINERGY TEAM	71	M40/24	00:26:56 / 26	00:04:46 / 21	01:07:38 / 25	00:03:24 / 20	00:49:04 / 26	02:31:48	00:27:36

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
25	390	OSTROWSKI CEZARY	M40	C67	67	M40/25	JM / 82 00:31:51 / 68	00:04:43 / 59	01:02:21 / 6	00:03:45 / 18	00:49:09 / 27	02:31:49	00:27:37
26	271	SOLECKI KRZYSZTOF	M40		72	M40/26	JM / 85 00:27:49 / 35	00:04:41 / 25	01:05:44 / 12	00:03:49 / 17	00:50:27 / 31	02:32:30	00:28:18
27	77	KURASIEWICZ PAWEŁ	M40	HAPPY TRI FRIENDS	75	M40/27	JM / 86 00:28:49 / 42	00:05:29 / 42	01:04:26 / 10	00:04:32 / 22	00:49:20 / 28	02:32:36	00:28:24
28	91	GÓRNIŚIEWICZ PIOTR	M40		74	M40/28	JM / 93 00:30:57 / 61	00:04:39 / 50	01:06:44 / 16	00:03:45 / 33	00:47:40 / 22	02:33:45	00:29:32
29	57	DAWIEC ALFRED	M40	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	75	M40/29	JM / 97 00:25:32 / 15	00:04:36 / 11	01:09:47 / 35	00:04:02 / 25	00:50:54 / 37	02:34:51	00:30:39
30	197	MISKOWIEC JANUSZ	M40	KLIFORNIA TRI	72	M40/30	JM / 105 00:29:12 / 44	00:06:32 / 51	01:04:55 / 11	00:05:18 / 32	00:50:06 / 30	02:36:03	00:31:50
31	123	KNAPIK TOMASZ	M40		71	M40/31	JM / 108 00:28:10 / 37	00:05:36 / 36	01:06:47 / 17	00:03:39 / 26	00:51:58 / 44	02:36:10	00:31:58
32	87	GOMULEC TOMASZ	M40		71	M40/32	JM / 110 00:26:26 / 22	00:06:49 / 32	01:10:55 / 41	00:05:29 / 39	00:47:04 / 20	02:36:43	00:32:31
33	76	FIDELUS LESZEK	M40	SCHC TEAM CHRZANÓW	72	M40/33	JM / 112 00:28:48 / 41	00:05:48 / 44	01:12:31 / 49	00:04:01 / 44	00:45:38 / 12	02:36:46	00:32:34
34	68	DRWOTA MICHAŁ	M40	FATH	74	M40/34	JM / 113 00:25:56 / 17	00:05:32 / 20	01:09:10 / 31	00:04:22 / 30	00:51:54 / 43	02:36:54	00:32:41
35	14	BAKOTA ZBIGNIEW	M40		71	M40/35	JM / 115 00:22:55 / 6	00:05:27 / 6	01:10:19 / 39	00:04:00 / 19	00:54:23 / 60	02:37:04	00:32:51
36	262	SAMBAK TADEUSZ	M40	ZADYSZKA OŚWIĘCIM	69	M40/36	JM / 116 00:29:20 / 51	00:06:08 / 49	01:15:52 / 72	00:03:41 / 54	00:42:03 / 4	02:37:04	00:32:52
37	105	JASIŃSKI MARCIN	M40	PWSZ NOWY SĄCZ	75	M40/37	JM / 122 00:25:14 / 12	00:06:31 / 22	01:19:29 / 82	00:03:53 / 56	00:43:02 / 7	02:38:09	00:33:57
38	204	MULLER WOJCIECH	M40		75	M40/38	JM / 123 00:25:31 / 14	00:04:47 / 13	01:09:43 / 33	00:03:53 / 24	00:54:22 / 59	02:38:16	00:34:04
39	233	PISAREK PIOTR	M40		69	M40/39	JM / 131 00:33:28 / 74	00:05:58 / 72	01:06:18 / 13	00:03:53 / 38	00:50:52 / 36	02:40:29	00:36:16
40	96	GRYCH MIROSLAW	M40	NIEZRZESZONY	70	M40/40	JM / 133 00:29:16 / 48	00:06:31 / 52	01:15:31 / 67	00:03:24 / 50	00:46:15 / 17	02:40:57	00:36:45
41	278	STALICA WOJCIECH	M40	IZOERG	69	M40/41	JM / 141 00:26:56 / 25	00:06:04 / 29	01:13:11 / 53	00:04:11 / 41	00:52:14 / 46	02:42:36	00:38:24
42	191	MICHAŁSKI TOMASZ	M40		74	M40/42	JM / 149 00:27:31 / 28	00:06:12 / 35	01:13:28 / 55	00:04:30 / 45	00:51:47 / 42	02:43:28	00:39:16
43	119	KEMPA MACIEJ	M40		73	M40/43	JM / 150 00:27:51 / 36	00:06:25 / 41	01:17:11 / 77	00:04:17 / 61	00:47:47 / 23	02:43:31	00:39:19
44	122	KLIMALA ZBIGNIEW	M40		72	M40/44	JM / 151 00:29:44 / 53	00:06:23 / 54	01:09:49 / 36	00:04:42 / 42	00:53:04 / 50	02:43:42	00:39:29
45	381	MAZURKIEWICZ TOMASZ	M40	ZAPOROWY MARATON	72	M40/45	JM / 157 00:34:11 / 78	00:05:07 / 71	01:09:43 / 34	00:05:12 / 48	00:50:30 / 32	02:44:43	00:40:31
46	208	NIŻANKOWSKI TOMASZ	M40	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	74	M40/46	JM / 160 00:29:13 / 46	00:05:52 / 47	01:10:19 / 40	00:04:20 / 40	00:55:10 / 63	02:44:54	00:40:42
47	376	KOŚCIANEK MICHAŁ	M40	WATERKNIGHTS TRIATHLON	75	M40/47	JM / 166 00:27:44 / 31	00:06:47 / 43	01:13:08 / 52	00:04:11 / 47	00:53:47 / 52	02:45:37	00:41:25
48	192	MIELKE RAPHAEL	M40		66	M40/48	JM / 168 00:27:25 / 27	00:05:20 / 26	01:10:05 / 37	00:04:38 / 36	00:58:31 / 74	02:45:59	00:41:47
49	210	NOWAKOWSKI JAROSŁAW	M40	DLA GOSI	73	M40/49	JM / 169 00:27:48 / 34	00:06:14 / 37	01:10:57 / 42	00:04:05 / 37	00:57:12 / 68	02:46:16	00:42:04
50	372	STYRYLSKI PAWEŁ	M40		67	M40/50	JM / 175 00:32:02 / 69	00:08:09 / 74	01:12:24 / 48	00:04:08 / 63	00:51:27 / 39	02:48:10	00:43:58
51	167	ŁABNO WALDEMAR	M40		74	M40/51	JM / 177 00:29:48 / 54	00:06:25 / 55	01:14:46 / 62	00:04:25 / 58	00:53:02 / 49	02:48:26	00:44:14
52	298	ŚLIWA MIROSLAW	M40	DOBCZYCKI KLUB BIEGACZA	75	M40/52	JM / 178 00:34:48 / 83	00:06:45 / 78	01:11:50 / 45	00:04:26 / 64	00:50:41 / 34	02:48:30	00:44:18
53	330	WRÓBEL GRZEGORZ	M40		75	M40/53	JM / 179 00:25:21 / 13	00:05:49 / 18	01:16:03 / 73	00:04:32 / 46	00:56:50 / 65	02:48:35	00:44:23
54	60	DE BARRA EVAN	M40	KLUB TRIATHLONOWY 'WATER KNIGHTS' ZABIERZÓW	74	M40/54	JM / 183 00:36:32 / 87	00:05:06 / 79	01:11:17 / 43	00:03:47 / 62	00:52:04 / 45	02:48:46	00:44:34
55	328	WOLA RADOSŁAW	M40		72	M40/55	JM / 188 00:26:40 / 24	00:06:49 / 33	01:09:13 / 32	00:04:45 / 35	01:01:48 / 80	02:49:15	00:45:03
56	317	WAŚ ROBERT	M40	YMAA.PL	69	M40/56	JM / 189 00:32:02 / 70	00:05:49 / 64	01:12:16 / 46	00:04:59 / 55	00:54:11 / 55	02:49:17	00:45:05

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
57	383	LEWANDOWSKI	M40		75	M40/57	JM / 192 00:26:04 / 20	00:06:25 / 24	01:17:50 / 79	00:04:39 / 53	00:54:31 / 61	02:49:29	00:45:17
58	222	PAJDA JAROMIR	M40	CARYŃSKA	72	M40/58	JM / 205 00:29:50 / 56	00:06:51 / 60	01:17:55 / 80	00:05:15 / 72	00:52:34 / 47	02:52:25	00:48:12
59	152	KWAŚNY JERZY	M40	MGMREKLAMY	73	M40/59	JM / 206 00:27:37 / 30	00:06:05 / 34	01:12:24 / 47	00:04:49 / 43	01:01:37 / 78	02:52:32	00:48:20
60	356	STASIKOWSKI JACEK	M40	RADOSNE PIJACZKI Z NADWAGĄ	69	M40/60	JM / 207 00:31:27 / 67	00:07:05 / 67	01:15:03 / 63	00:05:39 / 70	00:53:34 / 51	02:52:48	00:48:35
61	82	GARLEWICZ GRZEGORZ	M40		75	M40/61	JM / 208 00:31:18 / 65	00:07:44 / 68	01:15:42 / 69	00:04:24 / 69	00:53:49 / 53	02:52:57	00:48:45
62	178	MAŁECKI ROBERT	M40	AZS PWSZ NOWY SĄCZ	67	M40/62	JM / 209 00:31:00 / 62	00:07:21 / 66	01:15:16 / 64	00:05:09 / 68	00:54:11 / 56	02:52:57	00:48:45
63	117	KASTELNIK MIESZKO	M40		75	M40/63	JM / 211 00:30:31 / 59	00:06:33 / 61	01:13:46 / 58	00:04:25 / 57	00:58:01 / 70	02:53:16	00:49:04
64	288	SUSUŁ BOGDAN	M40		74	M40/64	JM / 212 00:30:14 / 58	00:08:59 / 70	01:18:11 / 81	00:04:42 / 77	00:51:19 / 38	02:53:25	00:49:13
65	139	KRZCIUK TOMASZ	M40		71	M40/65	JM / 215 00:32:26 / 71	00:07:46 / 75	01:13:16 / 54	00:04:37 / 65	00:56:01 / 64	02:54:06	00:49:54
66	283	STRYSZOWSKI RAFAŁ	M40		75	M40/66	JM / 223 00:35:27 / 84	00:07:00 / 82	01:13:56 / 60	00:04:24 / 74	00:54:11 / 54	02:54:58	00:50:46
67	136	KRASUSKI ROBERT	M40		67	M40/67	JM / 224 00:29:16 / 47	00:05:23 / 45	01:16:45 / 76	00:04:03 / 59	00:59:51 / 76	02:55:18	00:51:06
68	382	ERNEST MIROSŁAW	M40		75	M40/68	JM / 226 00:34:14 / 79	00:07:35 / 80	01:13:52 / 59	00:05:34 / 75	00:54:20 / 58	02:55:35	00:51:23
69	80	FYDA MARIUSZ	M40		70	M40/69	JM / 227 00:32:31 / 73	00:06:41 / 69	01:15:19 / 65	00:04:12 / 67	00:57:09 / 67	02:55:52	00:51:40
70	133	KOZDRA KRZYSZTOF	M40	NIEZRZESZONY	66	M40/70	JM / 232 00:31:14 / 64	00:07:01 / 65	01:16:12 / 74	00:04:55 / 71	00:57:58 / 69	02:57:20	00:53:07
71	166	LISKIEWICZ PIOTR	M40		70	M40/71	JM / 234 00:34:01 / 77	00:07:27 / 77	01:20:19 / 84	00:03:10 / 83	00:52:36 / 48	02:57:33	00:53:21
72	65	DONHEFNER TOMASZ	M40		73	M40/72	JM / 235 00:27:46 / 32	00:06:29 / 40	01:15:37 / 68	00:04:51 / 51	01:03:12 / 83	02:57:55	00:53:42
73	270	SOKALSKI PAWEŁ	M40		71	M40/73	JM / 236 00:32:31 / 72	00:08:50 / 76	01:17:49 / 78	00:04:36 / 80	00:54:31 / 62	02:58:17	00:54:04
74	335	ZAŁEGA JAROSŁAW	M40	GHOSTBIKERS BĘDZIN	71	M40/74	JM / 238 00:29:56 / 57	00:07:30 / 63	01:15:51 / 71	00:05:11 / 66	00:59:51 / 77	02:58:19	00:54:07
75	219	OWCZAREK TOMASZ	M40		67	M40/75	JM / 239 00:29:13 / 45	00:06:07 / 48	01:15:47 / 70	00:04:32 / 60	01:02:59 / 82	02:58:38	00:54:26
76	312	WALKOWSKI JACEK	M40		66	M40/76	JM / 240 00:28:15 / 39	00:05:55 / 39	01:15:31 / 66	00:04:38 / 49	01:04:19 / 85	02:58:38	00:54:26
77	66	DOROBIS ADAM	M40	KOTASPORT	75	M40/77	JM / 244 00:30:46 / 60	00:05:41 / 57	01:13:32 / 56	00:04:57 / 52	01:04:58 / 87	02:59:54	00:55:42
78	380	WILK MARCIN	M40	ZAPOROWY MARATON	75	M40/78	JM / 246 00:36:22 / 85	00:06:31 / 84	01:13:34 / 57	00:06:20 / 78	00:58:30 / 73	03:01:17	00:57:05
79	169	ŁUCZYŃSKI MICHAŁ	M40		74	M40/79	JM / 247 00:40:52 / 91	00:06:54 / 91	01:16:38 / 75	00:06:23 / 89	00:50:48 / 35	03:01:35	00:57:23
80	134	KOZŁOWSKI WOJTEK	M40		68	M40/80	JM / 250 00:29:17 / 50	00:07:50 / 62	01:21:21 / 86	00:07:12 / 84	00:56:55 / 66	03:02:35	00:58:23
81	363	WYDRA SŁAWOMIR	M40	XBOX BIKE TEAM	67	M40/81	JM / 251 00:34:39 / 82	00:07:47 / 81	01:12:47 / 50	00:05:06 / 73	01:02:26 / 81	03:02:45	00:58:33
82	394	ZŁOTNICKI ARKADIUSZ	M40		72	M40/82	JM / 254 00:29:17 / 49	00:07:11 / 58	01:25:58 / 90	00:03:43 / 85	00:58:10 / 71	03:04:19	01:00:06
83	27	BOBULA MARIUSZ	M40		74	M40/83	JM / 265 00:36:28 / 86	00:06:33 / 85	01:14:06 / 61	00:06:22 / 79	01:04:06 / 84	03:07:35	01:03:23
84	313	WALCZYK ROMAN	M40	AKP KRAB AGH	68	M40/84	JM / 269 00:29:34 / 52	00:05:20 / 46	01:23:29 / 88	00:06:32 / 82	01:04:49 / 86	03:09:44	01:05:32
85	230	PELANT RYSZARD	M40		75	M40/85	JM / 274 00:37:21 / 88	00:07:33 / 88	01:19:48 / 83	00:06:05 / 88	01:01:44 / 79	03:12:31	01:08:19
86	1	KOSSAKOWSKI PRZEMYSŁAW	M40	NIEZRZESZONY	72	M40/86	JM / 276 00:34:33 / 80	00:08:42 / 86	01:12:52 / 51	00:05:14 / 76	01:11:33 / 90	03:12:54	01:08:42
87	334	ZAŁEWSKI PIOTR	M40	ALETEMPO	69	M40/87	JM / 279 00:33:40 / 75	00:06:28 / 73	01:22:37 / 87	00:04:25 / 86	01:07:24 / 88	03:14:34	01:10:22
88	4	PAWLIKOWSKI JACEK	M40		68	M40/88	JM / 283 00:37:27 / 89	00:08:39 / 89	01:24:28 / 89	00:06:06 / 90	00:59:40 / 75	03:16:20	01:12:08
89	284	SULISZ BOGUSŁAW	M40		66	M40/89	JM / 284 00:34:36 / 81	00:10:16 / 87	01:11:31 / 44	00:07:55 / 81	01:12:35 / 91	03:16:53	01:12:41
90	247	POZNAŃSKI TOMASZ	M40	HAPPY TRI FRIENDS	72	M40/90	JM / 285 00:33:53 / 76	00:08:38 / 83	01:20:36 / 85	00:06:24 / 87	01:07:40 / 89	03:17:11	01:12:59

<i>Msc</i>	<i>Nr</i>	<i>Nazwisko i imię</i>	<i>Kraj</i>	<i>Drużyna</i>	<i>R-k</i>	<i>W kategorii</i>						<i>Wynik</i>	<i>Strata</i>
<i>Rank</i>	<i>Bib</i>	<i>Name</i>	<i>Nat.</i>	<i>Team</i>	<i>YoB</i>	<i>in Age</i>	<i>Pływanie</i>	<i>T1/Pozycja</i>	<i>Rower</i>	<i>T2/Pozycja</i>	<i>Bieg</i>	<i>Time</i>	<i>Diff.</i>
91	295	SZEWCZYK SŁAWOMIR	M40	KIM JAROSŁAW	72	M40/91	M / 292 00:38:07 / 90	00:08:30 / 90	01:34:36 / 91	00:03:39 / 91	00:58:22 / 72	03:23:14	01:19:01

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 06.09.2015 23:39:10

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

M50 50-59 Lat

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	269	SMOLAK PIOTR	M50	PORAJ - KROSNO	61	M50/1	1M / 26 00:27:21 / 3	00:04:39 / 3	01:04:42 / 1	00:03:26 / 2	00:42:17 / 1	02:22:25	00:18:13
2	39	CHOŁDA KRZYSZTOF	M50	MASTERS KORONA KRAKÓW	64	M50/2	1M / 40 00:21:16 / 1	00:03:49 / 1	01:06:13 / 3	00:03:28 / 1	00:50:08 / 6	02:24:54	00:20:42
3	26	BŁASIAK LESZEK	M50		65	M50/3	1M / 67 00:24:39 / 2	00:06:33 / 2	01:09:14 / 6	00:03:49 / 3	00:45:58 / 2	02:30:13	00:26:00
4	67	DRUŻKOWSKI ROBERT	M50	AZS AWF KRAKÓW MASTERS	64	M50/4	1M / 101 00:29:39 / 10	00:06:35 / 11	01:09:02 / 5	00:03:47 / 7	00:46:06 / 3	02:35:09	00:30:57
5	172	ŁUKOWSKI DARIUSZ	M50	GINA STRZELCE OPOLSKIE	64	M50/5	1M / 107 00:29:01 / 7	00:05:31 / 7	01:10:43 / 8	00:03:28 / 6	00:47:26 / 4	02:36:09	00:31:57
6	315	WAŁASZEK JAN	M50	BIKEBROTHERS OSHEE TEAM	61	M50/6	1M / 118 00:31:09 / 12	00:04:41 / 9	01:09:29 / 7	00:03:19 / 5	00:48:54 / 5	02:37:32	00:33:20
7	232	PIJANOWSKI LESZEK	M50		59	M50/7	1M / 121 00:29:22 / 8	00:05:31 / 8	01:05:45 / 2	00:04:30 / 4	00:52:47 / 9	02:37:55	00:33:42
8	111	KACYMIROW TOMASZ	M50		61	M50/8	1M / 148 00:28:35 / 5	00:05:16 / 5	01:11:58 / 10	00:04:52 / 8	00:52:37 / 7	02:43:18	00:39:06
9	277	SOZAŃSKI PIOTR	M50	INTERFORM	56	M50/9	1M / 186 00:35:22 / 17	00:06:17 / 15	01:06:48 / 4	00:04:45 / 9	00:55:52 / 14	02:49:04	00:44:52
10	7	WASIAK WOJCIECH	M50	WATERKNIGHTS TRIATHLON	60	M50/10	1M / 190 00:28:44 / 6	00:05:02 / 4	01:17:52 / 17	00:04:12 / 11	00:53:32 / 11	02:49:22	00:45:10
11	206	NAWRAT KRYSZTOF	M50		61	M50/11	1M / 191 00:27:26 / 4	00:06:41 / 6	01:16:58 / 16	00:04:08 / 10	00:54:14 / 12	02:49:27	00:45:15
12	379	PĘDOWSKI WOJCIECH	M50	OK! SPORT	64	M50/12	1M / 204 00:30:15 / 11	00:07:53 / 12	01:16:27 / 15	00:04:51 / 13	00:52:52 / 10	02:52:18	00:48:06
13	62	DEDYK MIROSLAW	M50		63	M50/13	1M / 220 00:34:39 / 16	00:07:21 / 16	01:14:56 / 14	00:04:49 / 14	00:52:45 / 8	02:54:30	00:50:18
14	86	GŁOWACKI RAFAŁ	M50		62	M50/14	1M / 221 00:32:21 / 13	00:06:48 / 13	01:14:49 / 13	00:05:06 / 12	00:55:26 / 13	02:54:30	00:50:18
15	12	ANTKIEWICZ JANUSZ	M50	AZS AWF KRAKÓW MASTERS	64	M50/15	1M / 256 00:29:36 / 9	00:06:24 / 10	01:26:27 / 18	00:04:41 / 18	00:57:53 / 15	03:05:01	01:00:49
16	217	OWCARZ MIROSLAW	M50		60	M50/16	1M / 260 00:42:49 / 21	00:05:53 / 20	01:11:54 / 9	00:04:36 / 16	01:00:07 / 16	03:05:19	01:01:06
17	224	PAMUŁA ADAM	M50		64	M50/17	1M / 267 00:36:01 / 19	00:07:59 / 18	01:12:26 / 11	00:07:47 / 15	01:04:21 / 18	03:08:34	01:04:22
18	229	PAZDRO ROBERT	M50		63	M50/18	1M / 281 00:35:56 / 18	00:08:46 / 19	01:14:19 / 12	00:06:51 / 17	01:09:18 / 19	03:15:10	01:10:58
19	360	WOJTANOWSKI WIESŁAW	M50	NIESTOWARZYSZONY	57	M50/19	1M / 288 00:34:18 / 15	00:06:22 / 14	01:27:02 / 19	00:08:32 / 19	01:02:30 / 17	03:18:44	01:14:31
20	177	MALITA PIOTR	M50		62	M50/20	1M / 291 00:32:53 / 14	00:10:44 / 17			01:12:18 / 20	03:22:04	01:17:52
21	150	KUSINA JERZY	M50		60	M50/21	1M / 297 00:39:00 / 20	00:11:05 / 21	01:36:06 / 20	00:06:28 / 20	01:28:02 / 21	04:00:41	01:56:29

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 06.09.2015 23:39:28

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

M60 60-69 Lat

Msc	Nr	Nazwisko i imię	Kraj	Drużyna	R-k	W kategorii							Wynik	Strata
Rank	Bib	Name	Nat.	Team	YoB	in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg		Time	Diff.
1	36	CEKIERA ANTONI	M60	COMBEX	53	M60/1	M / 231 00:29:27 / 1	00:06:31 / 1	01:16:56 / 1	00:03:56 / 1	01:00:05 / 1		02:56:55	00:52:43

III Ogólnopolski "Iron Dragon" Triathlon

WYNIKI ZAWODÓW / RESULTS LIST

printed: 06.09.2015 23:39:43

Miejsce:	Budzyń-Cholerzym	Dystans:	1,5- 40 - 10	
Data:	06 września 2015 r.	Start:	12:11:44	
Organizator: Klub Triathlonowy Water Knights, ORiW Nad Zalewem, Urząd Gminy Liszki				

M70 70+ Lat

Msc	Nr	Nazwisko i imię	Kraj	Drużyna	R-k	W kategorii						Wynik	Strata
Rank	Bib	Name	Nat.	Team	YoB	in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Time	Diff.
1	115	KARPIŃSKI ZDZISŁAW	M70	WITAR TARNOBRZEG	42	M70/1	M / 295 00:34:11 / 1	00:10:29 / 1	01:28:55 / 1	00:05:24 / 1	01:10:33 / 1	03:29:32	01:25:20