

IRON DRAGON Cross Triathlon 0,5 km/20 km /5 km

M-ce	Nr zaw.	Uczestnik	Miejscowo	Klub	Kraj	Rocznik	Kat wiekowa	Pływanie	Przebieganie 1	Rower	Przebieganie 2	Bieg	Wynik
1	68	LISIE SKI MICHAŁ	Siemianowice I skie	CHOP ZE ELAZA TRI TEAM	Polska	1987	M20 (1)	00:04:59 (1)	00:01:38 (19)	00:56:12 (9)	00:02:20 (60)	00:23:24 (7)	01:28:33
2	44	RAKUS KORNEL	Kisielów	MakRak KS Kandahar	Polska	1970	M40 (1)	00:09:14 (6)	00:01:07 (5)	00:55:26 (5)	00:02:06 (58)	00:21:35 (2)	01:29:28
3	56	PROKOP JAROSŁAW	Ruda I ska	CHOP ZE ELAZA TRI TEAM	Polska	1971	M40 (2)	00:07:01 (2)	00:03:05 (66)	00:55:32 (6)	00:02:01 (57)	00:22:45 (3)	01:30:24
4	11	Hryczyk Jakub	Krakow		Polska	1979	M30 (1)	00:11:06 (19)	00:01:55 (32)	00:50:22 (1)	00:02:28 (62)	00:24:55 (9)	01:30:46
5	67	LIGOCKI TOMASZ	Siemianowice I skie	Chop Ze elaza Triathlon Team	Polska	1969	M40 (3)	00:07:14 (3)	00:03:15 (67)	00:53:29 (3)	00:00:43 (11)	00:26:09 (12)	01:30:50
6	75	KOCUR JAROSŁAW	Tychy		Polska	1986	M30 (2)	00:07:58 (4)	00:00:44 (2)	00:56:56 (12)	00:03:15 (66)	00:22:47 (4)	01:31:40
7	35	LIG ZA TOMEK	Kraków		Polska	1988	M20 (2)	00:10:42 (17)	00:01:44 (22)	00:53:10 (2)	00:00:41 (8)	00:26:11 (13)	01:32:28
8	54	KAPELA MARIUSZ	Bytom	CHOP ZE ELAZA TRI TEAM	Polska	1977	M30 (3)	00:09:20 (7)	00:01:10 (7)	00:55:48 (7)	00:00:43 (10)	00:27:09 (17)	01:34:10
9	86	RYCYK MACIEJ	Katowice		Polska	1978	M30 (4)	00:10:33 (14)	00:01:04 (3)	00:57:05 (13)	00:03:22 (69)	00:23:21 (6)	01:35:25
10	94	BUŁKA ŁUKASZ	Zabierzów	Water Knights Zabierzów	Polska	1972	M40 (4)	00:11:12 (22)	00:01:34 (14)	00:55:52 (8)	00:00:57 (28)	00:26:53 (16)	01:36:28
11	47	FERENC KAMIL	Go dzielin		Polska	1981	M30 (5)	00:11:14 (24)	00:01:37 (16)	00:57:41 (15)	00:00:51 (22)	00:26:17 (14)	01:37:40
12	78	GÓRNICKI MARCIN	Warszawa	FUNDACJA TERAZ TWOJ RUCH Men's Team	Polska	1988	M20 (3)	00:10:08 (8)	00:01:39 (20)	00:56:53 (11)	00:00:43 (12)	00:28:29 (24)	01:37:52
13	92	SURWIŁO SANDRO SURWIŁO	Tychy	TRIAS TYCHY	Polska	1985	M30 (6)	00:10:38 (16)	00:01:45 (23)	00:56:43 (10)	00:02:13 (59)	00:27:41 (20)	01:39:00
14	69	ZAJ C TOMASZ	Rudawa	KT Water Knights Zabierzów	Polska	1978	M30 (7)	00:11:45 (30)	00:01:51 (28)	00:57:18 (14)	00:00:57 (29)	00:28:42 (27)	01:40:33
15	79	ŁUGOWSKI AREK	Tychy		Polska	1982	M30 (8)	00:11:29 (27)	00:01:09 (6)	00:58:51 (17)	00:00:35 (4)	00:29:26 (32)	01:41:30
16	16	PASEK TOMASZ	Wieliczka	EkoMotel&ParkPinokio	Polska	1982	M30 (9)	00:11:33 (29)	00:02:26 (51)	01:05:11 (24)	00:00:41 (7)	00:22:51 (5)	01:42:42
17	43	UREK JACEK	Kraków		Polska	1985	M30 (10)	00:10:15 (10)	00:02:49 (63)	00:59:29 (19)	00:00:46 (15)	00:30:09 (35)	01:43:28
18	98	MAŁYSZ KAROL	Stara Wie		Polska	1986	M30 (11)	00:11:25 (26)	00:01:04 (4)	01:04:36 (22)	00:02:33 (64)	00:24:23 (8)	01:44:01
19	18	SOZANSKI PIOTR	Kraków		Polska	1956	M60 (1)	00:14:51 (58)	00:01:47 (24)	00:55:06 (4)	00:03:19 (67)	00:29:09 (29)	01:44:12
20	29	MRÓZ GRZEGORZ	Tychy		Polska	1977	M30 (12)	00:10:32 (13)	00:01:31 (12)	01:05:56 (29)	00:01:49 (54)	00:25:38 (10)	01:45:26
21	52	KOBIELA MACIEJ	Cracow / Kraków	Magazyn Triathlon	Polska	1988	M20 (4)	00:12:09 (36)	00:02:23 (49)	01:03:10 (21)	00:02:22 (61)	00:27:12 (18)	01:47:16
22	62	CZURAJ JAKUB	Wieliczka		Polska	1971	M40 (5)	00:10:10 (9)	00:01:50 (27)	01:05:13 (26)	00:02:29 (63)	00:28:25 (23)	01:48:07
23	74	FARON DARIUSZ	Nowy Sacz		Polska	1973	M40 (6)	00:10:25 (12)	00:01:33 (13)	01:04:38 (23)	00:01:20 (43)	00:31:44 (42)	01:49:40
24	96	FR CZEK TOMASZ	Kraków		Polska	1969	M40 (7)	00:15:55 (63)	00:01:54 (31)	01:02:02 (20)	00:01:44 (52)	00:28:31 (25)	01:50:06
25	33	Walitza Andrzej			Polska	1985	M30 (13)	00:12:59 (45)	00:01:34 (15)	01:05:44 (27)	00:03:55 (70)	00:26:05 (11)	01:50:17
26	91	FILU STANISŁAW	Mysłowice	KRS Triathlon DG	Polska	1965	M50 (1)	00:10:47 (18)	00:01:38 (18)	01:11:36 (44)	00:00:48 (17)	00:26:22 (15)	01:51:11
27	13	KNAPIK TOMASZ	Olkusz		Polska	1971	M40 (8)	00:11:23 (25)	00:01:31 (11)	01:07:20 (31)	00:00:49 (18)	00:30:45 (36)	01:51:48
28	20	SURMACZ TOMASZ	Dobczyce	Dobczycki Klub Biegacza	Polska	1989	M20 (5)	00:12:10 (37)	00:02:08 (38)	01:05:48 (28)	00:00:56 (26)	00:31:10 (39)	01:52:12
29	95	TOMICA ANNA	Cieszyn	AT-sport	Polska	1992	K20 (1)	00:08:59 (5)	00:02:36 (55)	01:06:34 (30)	00:00:38 (5)	00:34:17 (54)	01:53:04
30	8	MIELKE RAPHAEL	Ba anowice		Polska	1966	M50 (2)	00:11:49 (32)	00:02:05 (36)	01:07:38 (33)	00:01:01 (31)	00:30:52 (37)	01:53:25
31	3	CZERWIEC ARTUR	Zabierzow	KT Water Knigts Zabierzów	Polska	1976	M40 (9)	00:11:30 (28)	00:02:00 (35)	01:10:06 (38)	00:01:07 (35)	00:28:50 (28)	01:53:33
32	26	STA KIEWICZ MACIEJ	Cholierzyn		Polska	1988	M20 (6)	00:11:57 (35)	00:02:20 (47)	01:11:02 (42)	00:00:52 (23)	00:27:32 (19)	01:53:43
33	23	KANIEWSKI PIOTR	Starachowice		Polska	1991	M20 (7)	00:11:53 (34)	00:02:07 (37)	01:10:05 (37)	00:01:12 (39)	00:28:36 (26)	01:53:53
34	1	GORBA DENISS	Riga	trismile triathlon club	Latvia	1970	M40 (10)	00:12:11 (38)	00:02:40 (57)	01:11:10 (43)	00:00:42 (9)	00:28:08 (21)	01:54:51
35	81	NIR ŁUKASZ	Tychy	Warsztat Formy	Polska	1977	M30 (14)	00:13:02 (46)	00:01:38 (17)	01:10:18 (40)	00:00:47 (16)	00:29:10 (30)	01:54:55
36	77	KOPACZ MICHAŁ	Kraków		Polska	1989	M20 (8)	00:12:47 (40)	00:01:47 (25)	01:05:11 (25)	00:01:10 (37)	00:34:51 (58)	01:55:46
37	89	KRAKOWIAK IRENEUSZ	Mysłowice		Polska	1971	M40 (11)	00:12:54 (42)	00:02:20 (48)	01:10:07 (39)	00:01:16 (41)	00:29:17 (31)	01:55:54
38	36	CZY RAFAŁ	Wieliczka		Polska	1976	M40 (12)	00:13:27 (50)	00:01:40 (21)	01:07:35 (32)	00:01:19 (42)	00:32:46 (46)	01:56:47
39	42	BOIKO IURII	Ivano-Frankivsk		Polska	1984	M30 (15)	00:13:09 (47)	00:02:49 (62)	01:09:15 (36)	00:00:39 (6)	00:32:00 (43)	01:57:52
40	46	WOLAK PAWEŁ	Kokotów		Polska	1994	M20 (9)	00:13:56 (53)	00:02:26 (52)	01:13:10 (45)	00:01:03 (33)	00:28:15 (22)	01:58:50
41	61	DRZYSGIEWICZ MICHAŁ	Kraków		Polska	1981	M30 (16)	00:15:25 (60)	00:00:18 (1)	01:10:35 (41)	00:02:46 (65)	00:29:47 (33)	01:58:51

M-ce	Nr zaw.	Uczestnik	Miejscowo	Klub	Kraj	Rocznik	Kat wiekowa	Pływanie	Przebieganie 1	Rower	Przebieganie 2	Bieg	Wynik
42	32	SULIGA PIOTR	Kraków		Polska	1991	M20 (10)	00:19:25 (72)	00:02:43 (58)	01:07:42 (34)	00:00:27 (1)	00:30:04 (34)	02:00:21
43	90	SOLECKI KRZYSZTOF	Kraków		Polska	1972	M40 (13)	00:12:36 (39)	00:01:47 (26)	01:13:16 (46)	00:00:50 (20)	00:32:42 (45)	02:01:11
44	31	STEC MARIUSZ	Szczyrk	BESKIDY TRI SPORT TEAM	Polska	1981	M30 (17)	00:12:53 (41)	00:01:19 (8)	01:16:02 (51)	00:00:32 (2)	00:31:22 (41)	02:02:08
45	15	OBNISKI MAREK	Kraków	LUXOFT	Polska	1985	M30 (18)	00:10:36 (15)	00:03:51 (70)	01:15:36 (50)	00:00:51 (21)	00:31:21 (40)	02:02:15
46	34	NI ANKOWSKI TOMASZ	Wielka Wie	KT Water Knights Zabierzów	Polska	1974	M40 (14)	00:11:07 (20)	00:02:13 (41)	01:14:26 (48)	00:01:22 (44)	00:33:16 (50)	02:02:24
47	41	CIAŁOWICZ PAWEŁ	Kraków		Polska	1977	M30 (19)	00:16:16 (64)	00:02:55 (65)	01:09:08 (35)	00:01:30 (48)	00:34:17 (55)	02:04:06
48	71	JANAWA PAWEŁ	Modlniczka		Polska	1979	M30 (20)	00:10:16 (11)	00:02:46 (61)	01:17:16 (53)	00:01:26 (46)	00:33:39 (51)	02:05:23
49	14	CIAŁOWICZ TOMASZ	Liszki	Euro-Goal	Polska	1984	M30 (21)	00:13:46 (51)	00:01:53 (30)	01:14:40 (49)	00:01:14 (40)	00:34:35 (56)	02:06:08
50	88	KONDASZEWSKI BARTOSZ	Brzyczyna		Polska	1983	M30 (22)	00:13:12 (49)	00:02:45 (60)	01:16:41 (52)	00:00:52 (24)	00:32:59 (47)	02:06:29
51	76	ANCZYKOWSKI NIKODEM	Tychy	Team Papry 20	Polska	1974	M40 (15)	00:14:54 (59)	00:01:52 (29)	01:21:22 (58)	00:00:50 (19)	00:30:54 (38)	02:09:52
52	85	K DRA PIOTR	Kraków		Polska	1973	M40 (16)	00:16:19 (65)	00:01:56 (33)	01:13:58 (47)	00:01:29 (47)	00:37:15 (64)	02:10:57
53	9	W SIK MARCIN	Kraków	W SIK TRI TEAM	Polska	1976	M40 (17)	00:12:55 (43)	00:02:39 (56)	01:19:46 (55)	00:01:35 (51)	00:34:44 (57)	02:11:39
54	38	BAJSAROWICZ BARTŁOMIEJ	Kraków		Polska	1994	M20 (11)	00:13:10 (48)	00:03:27 (68)	01:17:48 (54)	00:00:34 (3)	00:38:33 (67)	02:13:32
55	22	JABŁO SKI MAREK	Wadowice		Polska	1976	M40 (18)	00:12:57 (44)	00:02:25 (50)	01:23:43 (60)	00:01:10 (36)	00:36:31 (61)	02:16:46
56	4	TUTAJ MARCIN	Kraków	Water Knights Zabierzów	Polska	1973	M40 (19)	00:11:48 (31)	00:02:51 (64)	01:26:35 (62)	00:01:56 (55)	00:33:59 (52)	02:17:09
57	2	LEMESE MONIKA	Riga	trismile triathlon club	Latvia	1968	K40 (1)	00:15:33 (61)	00:01:26 (10)	01:21:28 (59)	00:01:12 (38)	00:37:42 (66)	02:17:21
58	24	BIGAJ SEBASTIAN	Kraków	KT Water Knights Zabierzów	Polska	1985	M30 (23)	00:11:10 (21)	00:02:13 (40)	01:31:07 (69)	00:01:00 (30)	00:32:10 (44)	02:17:40
59	39	SWATOWSKI MARIUSZ	Kraków		Polska	1976	M40 (20)	00:13:59 (54)	00:03:55 (71)	01:20:08 (56)	00:01:02 (32)	00:39:28 (69)	02:18:32
60	7	Michałek Jarosław			Polska	1965	M50 (3)	00:17:26 (70)	00:03:50 (69)	01:21:13 (57)	00:01:47 (53)	00:35:07 (59)	02:19:23
61	40	CZY YCKI PIOTREK	Tarnów		Polska	1988	M20 (12)	00:14:35 (57)	00:02:15 (43)	01:28:59 (65)	00:00:43 (13)	00:33:13 (49)	02:19:45
62	55	FIRLEJCZYK ADRIAN	Ruda Śląska		Polska	1978	M30 (24)	00:14:29 (56)	00:02:19 (45)	01:26:07 (61)	00:01:34 (50)	00:36:00 (60)	02:20:29
63	64	KWIATKOWSKA KINGA KWIATKOWSKA	Kraków		Polska	1988	K20 (2)	00:17:39 (71)	00:01:58 (34)	01:27:17 (63)	00:00:54 (25)	00:34:11 (53)	02:21:59
64	57	SKUDLIK TOMASZ	Ruda Śląska	UKS MANTA KOCHŁOWICE RUDA ŚLĄSKA	Polska	1974	M40 (21)	00:14:10 (55)	00:02:27 (53)	01:30:30 (68)	00:01:56 (56)	00:33:04 (48)	02:22:07
65	87	ZEMBRO JAKUB	Warszawa		Polska	1983	M30 (25)	00:11:51 (33)	00:01:25 (9)	01:27:52 (64)	00:41:31 (73)	00:00:10 (1)	02:22:49
66	5	GŁOWACKI RAFAŁ	Kraków		Polska	1962	M50 (4)	00:13:48 (52)	00:02:20 (46)	01:30:07 (66)	00:00:46 (14)	00:36:45 (63)	02:23:46
67	70	MARSZAŁSKI MATEUSZ	Staszów		Polska	1984	M30 (26)	00:16:36 (68)	00:04:55 (72)	00:58:46 (16)	00:30:39 (71)	00:36:38 (62)	02:27:34
68	53	JOHN DAVID	Kraków		Polska	2016		00:11:13 (23)	00:02:27 (54)	01:33:02 (70)	00:01:34 (49)	00:41:40 (71)	02:29:56
69	83	PRZYBYŁ SŁAWOMIR	Kraków	KT Water Knights	Polska	1976	M40 (22)	00:19:44 (73)	00:02:15 (42)	01:30:09 (67)	00:00:57 (27)	00:37:18 (65)	02:30:23
70	50	Mach Wojciech			Polska	1978	M30 (27)	00:16:19 (66)	00:04:58 (73)	00:59:23 (18)	00:32:05 (72)	00:38:33 (68)	02:31:18
71	84	SZTUREMSKA - PRZYBYŁ AGATA	Krakow		Polska	1975	K40 (2)	00:16:55 (69)	00:02:45 (59)	01:35:02 (71)	00:01:24 (45)	00:40:42 (70)	02:36:48
72	80	ILNICKI PAWEŁ	Kraków		Polska	1978	M30 (28)	00:16:31 (67)	00:02:08 (39)	01:41:06 (72)	00:01:03 (34)	00:41:50 (72)	02:42:38
73	97	KATARZYNA FR CZEK	Kraków		Polska	2000	K10 (1)	00:15:35 (62)	00:02:15 (44)	02:04:02 (73)	00:03:20 (68)	00:47:07 (73)	03:12:19